



Pravara Institute of Medical Sciences
(Deemed to be University)
University Established under section (3) of UGC Act
NAAC Re-accredited with 'A' Grade (CGPA 3.17)
Dr.A.P.J.Abdul Kalam College of Physiotherapy
Loni Bk-413736, Tal:Rahata, Dist- Ahmednagar
Maharashtra State, India.



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EXTENSION ACTIVITY REPORT

1.	Title of the Activity	Street-play for Osteoarthritis Awareness
2.	Venue	Saibaba sansthan,Shirdi
3.	Date	11/10/2023
4.	Time	09:30 A.M. Onwards
5.	Organisers	Better Management of Osteoarthritis (BOA) Unit, Dr. APJ Abdul Kalam College of Physiotherapy, PIMS-DU
6.	Organized in collaboration with (institution/organization/Departments)	Department of Community Physiotherapy and IQAC cell of Dr. APJ Abdul Kalam College of Physiotherapy, PIMS-DU
7.	Objectives	<ol style="list-style-type: none">1. To spread awareness about Arthritis.2. To spread awareness and importance about Physiotherapy.3. To teach the exercises
8.	Number of students attending the camp	27
9.	Number of staff attending the camp	3
10.	Number of beneficiaries	50



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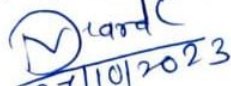
Ref: PIMS/TA APJAKCOPT/2023/590

Date: 12/10/2023

REPORT OF STREETPLAY FOR AWARENESS ON OSTEOARTHRITIS

On occasion of World Arthritis Day 2023, Better management of Osteoarthritis, Department of Community Physiotherapy and IQAC cell of Dr.APJ Abdul Kalam College of Physiotherapy had organized Street Play depicting “Awareness on Osteoarthritis” at Saibaba sansthan Shirdi , on 11th October 2023. The members for skit consisted of students from IV BPT and MPT. They performed the play in local language Marathi to highlight the various forms of Arthritis, their symptoms and the difficulties faced by patients due to Arthritis. Skit was organized to educate general population regarding different form of Arthritis and to equip them with the knowledge and skill to manage their disease to allow maximum lifestyle flexibility. 20 IV BPT and 7 MPT Students from Dr. APJ Abdul Kalam College of Physiotherapy were guided and accompanied by Dr. Deepali Hande, Professor & HoD, Department of Community Physiotherapy and member of BOA unit, Dr. Nupoor Kulkarni, Associate Professor & Coordinator BOA unit, Dr. Aditi Khot, Assistant Professor and member of BOA unit. Skit was performed at 2 places in Shirdi, first near the Sai sansthan hospital area in the presence of the villagers and 2nd at Saibaba Mandir premises. Skit started with introduction about the title of Skit Play and importance of awareness regarding Arthritis. Beneficiaries were explained about the signs and symptoms of arthritis and the importance of physiotherapy in prevention of osteoarthritis. They were similarly informed regarding the regular exercise programme that includes flexibility, strengthening and aerobic exercise to lessen fatigue, increase flexibility, improves stamina, and improves overall general health and sense of wellbeing. Physiotherapists individually attended to the queries of participants. Later, participants were informed that if they are not able to do the exercises and need physiotherapy treatment they can visit Dr. APJ Abdul Kalam College of Physiotherapy for further treatment through the skit. As the play got over, the people appreciated the students with a huge round of applause and were very inquisitive to know more about the treatment.


Coordinator
BOA Unit


27/10/2023
HOD
Community Physiotherapy


Principal
Dr. APJAKCOPT,
PIMS-DU







LIST OF STUDENTS PARTICIPATED IN AWARENESS SKIT ON ARTHRITIS

Sr. No.	Name of Student	Signature
1.	Dr. Saurabh Gaikwad	
2.	Pranav Gaikwad	
3.	Siddhant Shinde	
4.	Sanika Chendvankar	
5.	Sakshi Nehe	
6.	Shraddha Jape	
7.	Teena Pawar	
8.	Anurag Aher	
9.	Tanishka Salvi	
10.	Sanchia Fernandes	
11.	Kanksha Desai	
12.	Soham Kowe	
13.	Nikita Ugale	
14.	Sneha Bhoir	
15.	Saisha Gondkar	
16.	Ruchi Gade	
17.	Preeti Jaware	
18.	Abraham Matthew	
19.	Vaishnavi Bhavsar	
20.	Tanaya Ogale	

HOD
Department of Community Physiotherapy
Dr. APJAKCOPT



Principal
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