



PRAVARA INSTITUTE OF MEDICAL SCIENCES
(DEEMED TO BE UNIVERSITY)

Loni, Tal. Rahata, Dist. Ahmednagar 413736

NAAC Re-accredited with 'A' Grade

SYLLABUS

UG Programme- Psychiatry

(Competency Based Under Graduate Curriculum will be implemented from the students batch admitted from 2024-25)

UG Programme - Psychiatry

COMPETENCY BASED UNDERGRADUATE CURRICULUM FOR THE
INDIAN MEDICAL GRADUATE 2024

Revised Competencies of Psychiatry, vide NMC letter No.

D-11011/500/2024-UGMEB dated 12 Sept 2024

Note:

1. Subject Psychiatry had 13 Topics with 17 Outcomes (competencies)
2. PS 13 Topic has been revised vide above quoted letter of NMC and the Outcomes (competencies) 17.

The details of revised PS 13 are as below

Psychiatry Competency Chart (CBME 2024)

Topic 1: Introduction to Psychiatry includes three competencies. **PS1.1** - Describe the classification of psychiatric disorders and its basis (neurotic vs psychotic; organic vs non-organic/functional). **PS1.2** - Elicit history in patient presenting with psychiatric disorder(s). **PS1.3** - Perform mental status examination (MSE) in patients presenting with psychiatric disorder(s).

Topic 2: Organic Psychiatric Disorders has one competency. **PS2.1** - Describe common Organic Psychiatric Disorders with emphasis on Delirium and Dementia.

Topic 3: Psychoactive Substance Use Disorders and Other Addiction Disorders has one competency. **PS3.1** - Describe and identify clinical presentation of abuse of alcohol, nicotine and other psychoactive substances prevalent in your area and their management.

Topic 4: Schizophrenia and Other Psychotic Disorders carries one competency. **PS4.1** – Diagnose and manage a case of Schizophrenia at primary care level.

Topic 5: Depressive Disorders contains two competencies. **PS5.1** – Diagnose and manage case of depression at primary care level. **PS5.2** – Identify red flag signs of depression and refer to a specialist.

Topic 6: Bipolar Disorders has one competency. **PS6.1** – Diagnose and manage an episode of Mania at primary care level.

Topic 7: Anxiety Disorders (including OCD) has one competency. **PS7.1** – Diagnose and manage anxiety disorders at primary care level.

Topic 8: Stress-Related Disorders has one competency. **PS8.1** – Diagnose stress-related disorders (Acute Stress Disorder and Adjustment Disorders) and make appropriate referral.

Topic 9: Psychosexual and Gender Identity Disorders includes two competencies. **PS9.1** – Describe common psychosexual disorders. **PS9.2** – Demonstrate knowledge of medico-legal, societal, ethical and humanitarian principles on dealing with LGBTQA+ community.

Topic 10: Psychiatric Disorders in Childhood and Adolescence has one competency. **PS10.1** – Classify and describe disorders commonly seen in childhood and adolescence with emphasis on ADHD and Autism Spectrum Disorders.

Topic 11: Intellectual Disability Disorder carries one competency. **PS11.1** – Describe Intellectual Disability Disorder.

Topic 12: Psychiatric Emergencies has one competency. **PS12.1** – Perform suicide risk assessment.

Topic 13: Therapeutics has one competency. **PS13.1** – Describe the process of modified ECT and identify misconceptions associated with ECT.

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New Delhi 110 077**

PSYCHIATRY (CODE: PS)

Topic	Competency Code	Competency Statement	Domain	Level	Core (Y/N)	Teaching-Learning Methods	Assessment Methods	Certifiable (Y/N)
1. Introduction to Psychiatry	PS1.1	Describe classification of psychiatric disorders (neurotic vs psychotic; organic vs functional)	K	KH	N	LGT/SDL	Written, Tutorial	N
	PS1.2	Elicit history in psychiatric patients	S	SH	Y	Bedside clinic, DOAP	Direct Observation	N
	PS1.3	Perform Mental Status Examination (MSE)	S	SH	Y	Bedside clinic, DOAP	Direct Observation	N
2. Organic Psychiatric Disorders	PS2.1	Describe common organic psychiatric disorders (Delirium & Dementia)	K	KH	Y	LGT, Flipped classroom	Written, Tutorial	N
3. Psychoactive Substance Use Disorders	PS3.1	Describe & identify clinical presentation of alcohol, nicotine & other substance use disorders	K, S	KH, SH	Y	Bedside clinic, DOAP	Direct Observation, OSCE	N
4. Schizophrenia & Psychotic Disorders	PS4.1	Diagnose & manage Schizophrenia at primary care level	K, S	KH	Y	Bedside teaching	Direct Observation, OSCE	N
5. Depressive Disorders	PS5.1	Diagnose & manage depression at primary care level	S	SH	Y	Bedside teaching, Role-play, DOAP	OSCE, Checklist-based skill	Y

	PS5.2	Identify red flag signs of depression & refer to specialist	S	KH/SH	Y	Role-play, Cine-education	Checklist-based skill	N
6. Bipolar Disorders	PS6.1	Diagnose & manage an episode of Mania	S	SH	N	Bedside teaching	Short answer, Viva	N
7. Anxiety Disorders (incl. OCD)	PS7.1	Diagnose & manage anxiety disorders at primary care level	S	SH	Y	Bedside teaching, Role-play, DOAP	OSCE, Checklist-based skill	N
8. Stress-Related Disorders	PS8.1	Diagnose stress-related disorders (ASD, Adjustment Disorders) & refer	K	SH	Y	Bedside clinic, Role-play	Skill assessment	N
9. Psychosexual & Gender Identity Disorders	PS9.1	Describe common psychosexual disorders	K	K	N	LGT	MCQ, Written, Viva	N
	PS9.2	Knowledge of medico-legal, ethical principles in LGBTQA+ care	K	K	Y	LGT/SDL	MCQ, Written, Viva	N
10. Childhood & Adolescent Disorders	PS10.1	Classify & describe ADHD, Autism Spectrum Disorders	K	KH	Y	LGT	MCQ, Written, Viva	N
11. Intellectual Disability Disorder	PS11.1	Describe Intellectual Disability Disorder	K	KH	Y	LGT	MCQ, Written, Viva	N
12. Psychiatric Emergencies	PS12.1	Perform Suicide Risk Assessment	S	SH	Y	Role-play, Bedside teaching	Skill assessment	Y
13. Therapeutics	PS13.1	Describe Modified ECT & misconceptions	K	KH	Y	SGT, Video, Discussion	Written, Viva	N

Psychiatry - Lecture/Tutorial Schedule (CBME 2024)

Topic	Competencies Addressed	Total Competencies	Teaching-Learning Method	Hours Allotted
Introduction to Psychiatry	PS1.1, PS1.2, PS1.3	3	LGT, SDL, Bedside Clinic, DOAP	4
Organic Psychiatric Disorders	PS2.1	1	LGT, Flipped Classroom	2
Substance Use Disorders	PS3.1	1	Bedside Clinic, DOAP, OSCE	3
Schizophrenia & Psychotic Disorders	PS4.1	1	Bedside Teaching, OSCE	3
Depressive Disorders	PS5.1, PS5.2	2	Bedside Teaching, Role-Play, DOAP	4
Bipolar Disorders	PS6.1	1	Bedside Teaching	2
Anxiety Disorders (incl. OCD)	PS7.1	1	Bedside Teaching, Role-Play, DOAP	3
Stress-Related Disorders	PS8.1	1	Bedside Clinic, Role-Play	2
Psychosexual & Gender Identity Disorders	PS9.1, PS9.2	2	LGT, SDL	3
Childhood & Adolescent Disorders	PS10.1	1	LGT	2
Intellectual Disability Disorder	PS11.1	1	LGT	2
Psychiatric Emergencies	PS12.1	1	Role-Play, Bedside Teaching	3
Therapeutics (ECT)	PS13.1	1	SGT, Video, Discussion	2
TOTAL		17	L-20;T-4	24
GRAND TOTAL			L-30;T-5	35

Psychiatry – Self Directed Learning (SDL) Topics (CBME 2024)

Sr. No.	SDL Topic	Hours (as per CBME 2024)
1	PS1.1 – Classification of psychiatric disorders and its basis (neurotic vs psychotic; organic vs functional)	1 hrs
2	PS9.2 – Medico-legal, societal, ethical and humanitarian principles in dealing with LGBTQA+ community	1 hrs
3	PS13.1 – Modified Electroconvulsive Therapy (ECT) and misconceptions	1 hrs
4	FM11.6 – The Indian Mental Health Act, 2017 and recent amendments (admission, care and discharge)	2 hrs

Psychiatry – Lecture/Tutorial Schedule (CBME 2024)

Phase	Topic	Competencies Addressed	Total Competencies	Teaching-Learning Method	Hours Allotted
Phase III Part II	Introduction to Psychiatry	PS1.1, PS1.2, PS1.3	3	LGT, SDL, Bedside Clinic, DOAP	4
Phase III Part II	Organic Psychiatric Disorders	PS2.1	1	LGT, Flipped Classroom	2
Phase III Part II	Substance Use Disorders	PS3.1	1	Bedside Clinic, DOAP, OSCE	3
Phase III Part II	Schizophrenia & Psychotic Disorders	PS4.1	1	Bedside Teaching, OSCE	3
Phase III Part II	Depressive Disorders	PS5.1, PS5.2	2	Bedside Teaching, Role-Play, DOAP	4

PIMS (DU), UG - Psychiatry - implemented from the UG students batch admitted from 2024-25.

Notification No. 65/2025

Academic Council Meeting dated 23.06.2025

Phase III Part II	Bipolar Disorders	PS6.1	1	Bedside Teaching	2
Phase III Part II	Anxiety Disorders (incl. OCD)	PS7.1	1	Bedside Teaching, Role-Play, DOAP	3
Phase III Part II	Stress-Related Disorders	PS8.1	1	Bedside Clinic, Role-Play	2
Phase III Part II	Psychosexual & Gender Identity Disorders	PS9.1, PS9.2	2	LGT, SDL	3
Phase III Part II	Childhood & Adolescent Disorders	PS10.1	1	LGT	2
Phase III Part II	Intellectual Disability Disorder	PS11.1	1	LGT	2
Phase III Part II	Psychiatric Emergencies	PS12.1	1	Role-Play, Bedside Teaching	3
Phase III Part II	Therapeutics (ECT)	PS13.1	1	SGT, Video, Discussion	2

Total Lectures + Tutorial+SDL=40hours

REF: COMPETENCY BASED UNDERGRADUATE CURRICULUM FOR THE INDIAN MEDICAL GRADUATE, MEDICAL COUNCIL OF INDIA (As amended upto vide NMC letter No. D-11011/500/2024-Academic Cell (e-8284443) dated 12-09-2024)



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