



Pravara Institute of Medical Sciences
(Deemed to be University)
University Established under section (3) of UGC Act
NAAC Re-accredited with 'A' Grade (CGPA 3.17)
Dr.APJ.Abdul Kalam College of Physiotherapy
Loni Bk-413736, Tal:Rahata, Dist- Ahmednagar
Maharashtra State, India.



E-mail:principal.cpt@pmpims.org

Ph.02422-271489

Poster Making Competition

Theme: Low Back Pain

On occasion of World Physiotherapy Day, **Department of Orthopaedic Physiotherapy**, Dr. APJ Abdul Kalam college of Physiotherapy has organized a **Poster Making competition** on **4th September 2024**. Total **27** students participated in the competition, rules and guidelines were provided prior to the competition to the students and were asked to prepare poster accordingly. Students were then judged on basis of their creativity and knowledge of the topic.



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Dr. A.P.J. Abdul Kalam College of Physiotherapy
Loni Bk. Tal. Rahata, Dist. Ahmednagar (MS) India

WORLD PHYSIOTHERAPY DAY

DEPARTMENT OF ORTHOPAEDIC
PHYSIOTHERAPY
ORGANIZES
POSTER MAKING COMPETITION
THEME : LOW BACK PAIN

DATE: 4th SEPTEMBER 2024
TIME: 11.00 AM ONWARDS
VENUE: 5th FLOOR DEMONSTRATION HALL
ELIGIBILITY CRITERIA : 3rd BPTH to 2nd YEAR PG

For Registration and Submission contact:
Dr. Prashansa Bankar(PT) 9689097643
Dr. Rutuja Raka (PT) 7447282223

Last Date of Submission : 3rd September 2024

RULES FOR POSTER COMPETITION

- 1) One participant per poster.
- 2) It should be theme based.
- 3) The poster should be of a dimension of 26 x 30inch size sheet with margins (0.5 inches) drawn with black pen/marker.
- 4) Poster can be made using pencil, crayon, water colour, oil paint, etc.
- 5) Photographs, wires, other 3D objects, print-outs won't be acceptable. It should be original and hand made.
- 6) No use of AI and other software's; avoid copying from Google. Only original ideas will be accepted.
- 7) Poster should not contain any personal details like Name, Class, College etc. of the participants. These details should be mentioned during registration only.
- 8) Poster should contain the coded numbers allocated to them during registration
- 9) Students are requested to prepare posters prior and submit to the above mention contacts by 3rd september
- 10)Presentation time will be of 5mins. 3 mins for Presentation & 2 mins for Question/Answer.
- 11) Last date of submission is 3rd September 2024





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REEL MAKING COMPETITION

Theme: Pain

On occasion of Global Pain Day, Department of Orthopaedic Physiotherapy, Dr. APJ Abdul Kalam college of Physiotherapy has organized a **Reel Making Competition** on 17th October 2024. Total 38 students participated in the competition, rules and guidelines were provided prior to the competition to the students and were asked to prepare poster accordingly.

Students were then judged on basis of their creativity and knowledge of the topic.

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DR. APJ ABDUL KALAM COLLEGE OF PHYSIOTHERAPY
On Occasion of
Global Pain Day 2024
Department of Orthopaedic Physiotherapy
Organises
Reel Making Competition
THEME: PAIN
Date of submission-17/10/2024

RULES:
1) Entry could be individual as well as group
(not more than 4 people in one group)
2) Reel should not be more than 30 second
3) Reel will be judged based on creativity, content,
exhibition, effectiveness and editing





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INFORMATION BROCHURE RELEASE

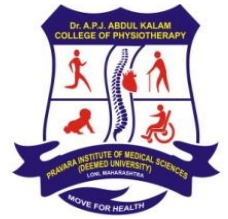
Theme: Cervical Spondylosis

On occasion of Global Pain Day, Department of Orthopaedic Physiotherapy, Dr. APJ Abdul kalam college of Physiotherapy has release an **INFORMATION BROCHURE** on theme **Cervical Spondylosis**, by the auspicious hands of **Honorable Vice-Chancellor Dr. V.N Magare, PIMS-DU** on **17th October 2024**.





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Webinar

Theme: Management of Osteoarthritis

Department of Orthopaedic Physiotherapy, Dr. APJ Abdul Kalam College of Physiotherapy has organized a **Webinar on Management of Osteoarthritis** on **15.11.2024** in seminar hall 705, Dr. APJ AK COPT. To gain knowledge about osteoarthritis and for better understanding amongst the students.

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DR. APJ ABDUL KALAM COLLEGE OF PHYSIOTHERAPY
Organized by
**Department of Orthopaedic Physiotherapy and
Better Management of Osteoarthritis (BOA).**

Dr. Aashish Dube
Masters in
Physiotherapy,
MD, Acupuncture.

DATE: 15/11/2024 TIME: 2:15PM Venue: 705

Topic To Learn

Management of Osteoarthritis

Email: physioashish2404@gmail.com

Does Australia have a problem?

A combined early intervention of education, exercise and weight control as first line treatment

- GABSI, ACR, ESCO, EULAR, NICE and RACGP

Imaging referred for 22% of the time!

Bennell et al., 2021, *BMJ Open* <https://doi.org/10.1136/bmjopen-2021-001877>
(<https://www.sciencedirect.com/science/article/pii/S2468266721000961>)



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MANUAL THERAPY WORKSHOP

By: Prof. Dr. Deepak Kumar.

Capri Institute of Manual Therapy

Department of Orthopaedic Physiotherapy, Dr. APJ Abdul Kalam College of Physiotherapy has organized a **MANUAL THERAPY WORKSHOP** By: Prof. Dr. Deepak Kumar, Capri Institute of Manual Therapy. From 11th October 2024 online mode and 8 days hands-on from 11th November 2024 to 19th November 2024. To impart the evidence based education among the post graduates and Under graduate students total 28 students participated.





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WEBINAR

Theme: What is OA?

Diagnosing OA

Clinical features of OA

Risk factors for development and progression of OA

Department of Orthopaedic Physiotherapy, Dr. APJ Abdul Kalam College of Physiotherapy has organized a **Webinar on Osteoarthritis 22.10.2024**. To gain knowledge about osteoarthritis and for better understanding of students.

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Organized by
Orthopedic Department of Physiotherapy

Dr. Aashish Dube
Masters in
Physiotherapy,
MD. Acupuncture.

DATE: 22 OCT TIME: 2.15 PM VENUE: 705

TOPIC TO LEARN

- * What is OA
- * Diagnosing OA
- * Clinical features of OA
- * Risk factor for development and progression of OA

Email: physioaashish2404@gmail.com

Zoom

Leave

What is Osteoarthritis?

- Traditional paradigm:
 - Wear and tear disease from increased load on one joint (e.g knee) leading to cartilage loss
- However, the evidence tells us:
 - A disease that affects the whole joint (e.g. meniscus, labrum, cartilage, subchondral bone, synovial inflammation, muscles...)
 - Many risk factors, such as a lack of physical activity

➤ Osteoarthritis = Whole Joint Disease/Problem/Joint failure