## Dr. A.P. J. Abdul Kalam college of Physiotherapy Department of Cardio-Respiratory Physiotherapy

## **Activities Organized in year 2018**

## 1. WORLD HEART WEEK CELEBRATION

## Theme 2018: "#MakeYourHeartAPromise"

On the ocassion of World Heart Day, Cardio-Respiratory Physiotherapy department organized Risk Stratification and Cardio-Vascular Fitness Screening Camp for Teaching and Non-Teaching Staff- PIMS, Loni on 25<sup>th</sup> September 2018 in Cardio-Respiratory Physiotherapy OPD and organized same camp for the Pravara Rural Engineering College, Loni on 26<sup>th</sup> September 2018.

 Risk Stratification and Cardio-Vascular Fitness Screening Camp for Teaching and Non-Teaching Staff- PIMS, Loni on 25<sup>th</sup> September 2018





Participant undergoing Risk Stratification Screening Participant undergoing Blood Pressure measurement





Dr. Nupoor Kulkarni and Dr. SingaraVelan performing YMCA Step Test- Cardiovascular Fitness



Dr. Akshaya Shetti – Intensivist participated in the Screening camp



Dr. Keerthi Rao undergoing Agility Testing-Figure of 8 Run Test

 Risk Stratification and Cardio-Vascular Fitness Screening Camp for Teaching and Non-Teaching Staff, Loni on Pravara Rural Engineering College, Loni on 26<sup>th</sup> September 2018.



Mr. Kharde Principal of Pravara Rural Engineering College with the Faculty and PG students of Dept. of Cardio-Respiratory Physiotherapy



Risk Stratification Screening in Engineering College



Dr. Sambhaji Gunjal counseling the participant for the physical fitness

 Guest Lecture was organized on the topic "Role of Physiotherapy in Cardiac Setup" on 27<sup>th</sup> September 2018 in Dr. A. P. J. Abdul Kalam College of Physiotherapy. Dr. Dilip Garud, MD Medicine, Nashik was invited as Guest Speaker.





• "Laughter Yoga" was organized by the department on 29<sup>th</sup> September 2018. Dr. Maria Lamuvel, Assistant Professor and I MPT students conducted the session. All the faculty members participated in taking the oath to be active and participate in physical fitness.





II BPT students with Faculty members of Dept of CardioRespiratory PT



Faculty Members of Dr. APJ AK COPT making a promise to "#MakeYourHeartAPromise"