

## **World Physiotherapy Day 2025**

Every year on 8th September all over the world is celebrated as World Physiotherapy Day. On this occasion Community Extension Activity Committee and IQAC Cell, Dr. APJ Abdul Kalam College of Physiotherapy had organized various events from 2nd September to 8th September 2025.



**Pravara Institute of Medical Sciences**  
(Deemed to be University)  
**Dr. APJ Abdul Kalam College of Physiotherapy**  
Loni Bk. Tal. Rahata, Dist. Ahilyanagar (MS) India

**WORLD PHYSIOTHERAPY DAY 8<sup>TH</sup> SEPTEMBER 2025**

**THEME: HEALTHY AGING**

**Physiotherapy Week- 2 September 2025 to 8 September 2025**

Date	Activity	Organizing Department
02.09.2025	Fall Prevention Awareness Lecture followed by Camp at Babhaleshwar PHC	Dept. of Community PT in association with IAP Women Cell Ahilyanagar Branch
02.09.2025	Model Making Competition	Dept. of Orthopaedic PT
03.09.2025	Fall Prevention Awareness Lecture followed by Camp at Mauli Geriatric Home, Shrirampur	Dept. of Community PT
03.09.2025	Awareness program on "Real -Life Impact of staying active" for Nursing staff	Dept. of Cardio-Respiratory PT
03.09.2025	Awareness lecture on 'Sedentary Lifestyle and Physical Activity' in children and Adolescents at Dhruv Academy, Sangamner	Dept. of Paediatric PT in association with IAP Women Cell Ahmednagar Branch
04.09.2025	Risk of Fall Screening and Stroke Awareness Lecture at Dwarakamai Geriatric home, Shirdi	Dept. of Neuro PT
07.09.2025	Cyclothon 2025	Dept. of Sports PT
08.09.2025	Celebration of World Physiotherapy Day and Valedictory function	Student Council

**Organized by :** IQAC and Community Extension Activity Committee  
Dr. APJ Abdul Kalam College of Physiotherapy

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## Department of Orthopaedic Physiotherapy

Department of Orthopaedic Physiotherapy, Dr. APJ Abdul Kalam College of Physiotherapy has organised a Model Making Competition on 2<sup>nd</sup> September 2025. Total of 34 students participated in the competition. The models were evaluated by a panel of judges on the basis of **innovation, relevance to the theme, creativity, presentation, and explanation**. The judges appreciated the efforts of the participants and encouraged them to continue developing their ideas. The competition concluded with the announcement of winners and distribution of certificates and prizes.

PRAVARA INSTITUTE OF MEDICAL SCIENCES  
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DR. APJ ABDUL KALAM COLLEGE OF PHYSIOTHERAPY

On Occasion  
of  
“World Physiotherapy Day”  
Department of Orthopaedic Physiotherapy  
Organises  
Model Making Competition  
THEME: “Healthy Aging”

For Registration and  
Submission Contact-

Dr. Riya (PT) -  
7840869484  
Dr.Mrinmayee(PT) -  
9767652377

Date- 02/09/2025  
Venue- 7 th floor , 706  
Date of submission- 30/08/2025

### RULES

1. Model must be of Orthopaedic Conditions (Theme Healthy Ageing)
2. Two participants will form each team.
3. Teams must bring all required parts and assemble the model on-site.
4. Each team will receive a counter for presentation.
5. Models must have a relevant title.
6. Participants must explain their model with proper explanation and answer judge's questions.
7. All competition entries have to be registered in advance.



## Department Of Neurophysiotherapy Physiotherapy

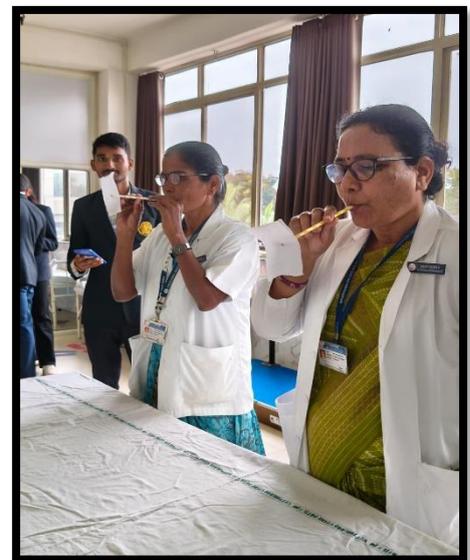
Department of Neurophysiotherapy had organized a “Risk of Fall Screening and Stroke Awareness Camp” at Dwarikamai Vruddhashram, Shirdi on 4<sup>th</sup> September 2025. A total of 80 elderly residents were screened, and physiotherapy treatment was provided to them. The camp not only helped in identifying fall risks and spreading awareness about stroke but also contributed towards improving the quality of life of the elderly patients.



### Department of Cardiorespiratory Physiotherapy

As part of WPD activity, the Department of Cardio-Respiratory Physiotherapy organized an Awareness Program on Healthy Aging-Real Life Impact of Staying Active into Older Age for the nursing staff of Dr. Vitthalrao Vikhe Patil Pravara Rural Hospital, Loni. The session focused on promoting healthy lifestyle practices and active aging. About 50 nursing staff participated in the program. The participants thoroughly enjoyed the program and appreciated the blend of health education and engaging activities.

Special words of appreciation were shared by the Nursing Superintendent and the senior staffs for the efforts of the department and students.



### Department Of Community Physiotherapy

The Department of Community Physiotherapy, Dr. APJ Abdul Kalam College of Physiotherapy, PIMS, Loni organized a Fall Prevention Awareness Lecture and Exercise Session for the geriatric population on the occasion of World Physiotherapy Day on 03 September 2025 at Mauli Vruddhashram. The program aimed to educate elderly individuals about the risk of falls and methods to prevent them. A lecture was delivered explaining common causes of falls and safety measures to reduce fall risk. This was followed by a practical exercise session where physiotherapy students and faculty demonstrated simple exercises to improve balance, strength, and mobility. The activity helped raise awareness about fall prevention and highlighted the importance of regular physiotherapy and physical activity in maintaining independence and improving the quality of life of the elderly.



Department of Community Physiotherapy, Dr. APJ Abdul Kalam College of Physiotherapy PIMS, Loni organized a Fall prevention and awareness camp in geriatric population at Primary Health Centre, Babhaleshwar on 2 September 2025. The activity helped raise awareness about fall prevention and highlighted the importance of regular physiotherapy and physical activity in maintaining independence and improving the quality of life of the elderly.



## Department of Paediatric Physiotherapy

Department of paediatric physiotherapy on the occasion of **World Physiotherapy Day**, the Department of Paediatric Physiotherapy, Dr. APJ Abdul Kalam College of Physiotherapy, Pravara Institute of Medical Sciences (Deemed to be University), in association with the Indian Association of Physiotherapists – Women Cell, Ahilyanagar District, organised an awareness lecture on *“Sedentary Lifestyle & Physical Activity in Children and Adolescents”* at Dhruv Academy, Sangamner, on 3rd September 2025. The session aimed to create awareness among students about the ill effects of a sedentary lifestyle and the importance of regular exercise, posture, and physical activity in maintaining overall health and well-being.



**Department of Sports Physiotherapy**

On the occasion of World Physiotherapy Day 2025, the **Department of Sports Physiotherapy in association with the NSS Unit** organized a 10 km and 15 km CYCLOTHON aimed at promoting fitness and raising health awareness. The event witnessed active involvement from 110 participants and volunteers, reflecting a strong commitment to a healthy and active lifestyle.

