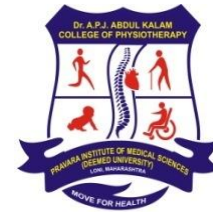




Pravara Institute of Medical Sciences
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NAAC Re-accredited with 'A' Grade (CGPA 3.17)
Dr. A. P. J. Abdul Kalam College of Physiotherapy
Loni Bk-413736, Tal: Rahata, Dist- Ahmednagar
Maharashtra State, India.



E-mail:principal.cpt@pmtpims.org

Ph.02422-271489

Extension activity report

1.	Title of the Activity	Screening camp for osteoarthritis and awareness lecture on Better Management of Osteoarthritis for Teaching and Nonteaching Staff
2.	Venue	Pravara Girls English Medium School Loni
3.	Date	13/10/2023
4.	Time	2:00pm onwards
5.	Organisers	Better Management of Osteoarthritis Unit,,APJAKCOPT,PIMS-DU, Loni
6.	Organized in collaboration with (institution/organization/Departments)	Department of Community PhysiotherapyDr.APJAKCOPT,PIMS-DU, Loni
7.	Objectives	1.To spread awareness about osteoarthritis. 2.To spread awareness and importance about Physiotherapy. 3.To explain about the ergonomics advice for teacher
8.	Number of students attending the camp	5
9.	Number of staff attending the camp	2
10.	Number of beneficiaries	45



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Ref: PIMS/DR.APJAKCOPT/2023/592

Date 13/10/2023

A report on Screening camp for osteoarthritis and awareness lecture on Better Management of Osteoarthritis for Teaching and Nonteaching Staff

On the occasion of World Arthritis day 2023, Better Management of Osteoarthritis Unit and Community Physiotherapy Department of Dr. APJ Abdul Kalam College of Physiotherapy had organized a screening camp for osteoarthritis and awareness lecture on Better Management of Osteoarthritis for Teaching and Nonteaching Staff of Pravara Girls English Medium School.Loni on 13th October 2023. Dr. Nupoor Kulkarni Coordinator BOA Unit and Asso.Prof.Community Physiotherapy delivered the awareness lecture on Better Management of Osteoarthritis which included causes, signs, symptoms and risk factors for osteoarthritis along with importance of physiotherapy ; Dr. Aditi Khot Asst.Professor Community Physiotherapy and BOA Unit member explained the importance of Exercises and ergonomic advices for Osteoarthritis prevention and cure. 3 post-graduates from Community Physiotherapy department Dr.Prajakta Deshpande, Dr.Samruddhi Murkey, Dr.Saurabh Gaikwad demonstrated the exercises for Better Management of Osteoarthritis. Total 45 participants including 37 females and 8 males were screened by WOMAC Scale which is a reliable tool for assessing the risk of osteoarthritis.Further they were instructed to continue BOA program for prevention and cure of osteoarthritis for thrice a week for next 3 months and report to BOA Unit at Dr.APJ Abdul Kalam College of Physiotherapy in case of difficulties.The camp was conducted under guidance of Principal Dr.Rakesh Kumar Sinha and Dr. Deepali Hande, HOD, Department of community Physiotherapy. Dr.Nupoor Kulkarni Coordinator, BOA unit and Dr.Aditi Khot, Asst.Professor Community Physiotherapy coordinated the event and ensured smooth conduction of the activity.


Coordinator
BOA Unit


HOD
Community Physiotherapy


Principal
Dr. APJAKCOPT,
PIMS-DU







