



Pravara Institute of Medical Sciences
(Deemed to be University)
University Established under section (3) of UGC Act
NAAC Re-accredited with 'A' Grade (CGPA 3.17)
Dr. A. P. J. Abdul Kalam College of Physiotherapy
Loni Bk-413736, Tal: Rahata, Dist- Ahmednagar
Maharashtra State, India.



E-mail: principal.cpt@pmpims.org

Ph.02422-271489

1.	Title of the Activity	Awareness Lecture on Better Management of Osteoarthritis and screening for Osteoarthritis for Teaching and Nonteaching Staff
2.	Venue	Padmabhushan Dr. Balasaheb Vikhe Patil International School
3.	Date	12/10/2023
4.	Time	2:00pm onwards
5.	Organisers	Better Management of Osteoarthritis Unit, APJAKCOPT, PIMS-DU, Loni
6.	Organized in collaboration with (institution/organization/Departments)	Department of Community Physiotherapy Dr. APJAKCOPT, PIMS-DU, Loni
7.	Objectives	1. To spread awareness about osteoarthritis. 2. To spread awareness and importance about Better Management of Osteoarthritis in Physiotherapy. 3. To explain about the ergonomics advices for teacher
8.	Number of students attending the camp	3
9.	Number of staff attending the camp	3
10.	Number of patients	25



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Ref: PIMS/DR.APJAKCOPT/2023/591

Date 12/10/2023

**A report on Screening camp for osteoarthritis and awareness lecture on
Better Management of Osteoarthritis for Teaching and Nonteaching Staff**

On the occasion of World Arthritis day 2023, Better Management of Osteoarthritis Unit and Community Physiotherapy Department of Dr. APJ Abdul Kalam College of Physiotherapy had organized a screening camp for osteoarthritis and awareness lecture on Better Management of Osteoarthritis for Teaching and Nonteaching Staff of Padmabhushan Dr.Balasaheb Vikhe Patil International School on 12th October 2023. Dr.Deepali Hande delivered a lecture "Osteoarthritis a hidden culprit" which included causes, signs, symptoms and risk factors for osteoarthritis. Dr. Nupoor Kulkarni Coordinator BOA Unit and Asso.Prof.Community Physiotherapy delivered the awareness lecture on Better Management of Osteoarthritis focusing on the Swedish concept of Better Management of Osteoarthritis with the importance of physiotherapy and self management of Osteoarthritis.Dr. Aditi Khot Asst.Professor Community Physiotherapy and BOA Unit member delivered a lecture on Exercises in Better Management of Osteoarthritis and explained the importance of Exercises and ergonomic advices for Osteoarthritis prevention and cure. 3 post-graduates from Community Physiotherapy department Dr.Prajakta Deshpande, Dr.Samruddhi Murkey, Dr.Saurabh Gaikwad demonstrated the exercises for Better Management of Osteoarthritis. Total 25 participants including 24 females and 1 male were screened by WOMAC Scale which is a reliable tool for assessing the risk of osteoarthritis.Further they were instructed to continue BOA program for prevention and cure of osteoarthritis for thrice a week for next 3 months and report to BOA Unit at Dr.APJ Abdul Kalam College of Physiotherapy in case of difficulties. The activity was conducted under the guidance of Dr.R.K.Sinha,Principal Dr.APJ Abdul Kalam College of Physiotherapy PIMS-DU.


Coordinator
BOA Unit


HOD
Community Physiotherapy


Principal
Dr. APJAKCOPT,
PIMS-DU





Loni, MH, India
 SH 44, Rahta, Loni, 413736, MH, India
 Lat 19.577576, Long 74.458410
 10/12/2023 03:50 PM GMT+05:30
 Note : Captured by GPS Map Camera



Loni, MH, India
 SH 44, Rahta, Loni, 413736, MH, India
 Lat 19.577460, Long 74.458665
 10/12/2023 04:00 PM GMT+05:30
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Loni, MH, India
 SH 44, Rahta, Loni, 413736, MH, India
 Lat 19.577275, Long 74.458570
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