

CURRICULUM VITAE
BRIG (DR) HEMANT KUMAR
Professor & HOD (Community Medicine)
AJIMS&RC MANGALORE
Contact No. 7259222477/8792729477



doctorhemantkumar@gmail.com/drhemantkumar54@yahoo.co.in

Name : Brig (Dr) HEMANT KUMAR

Date of Birth : 17 October 1954

Address (For Correspondence) : Brig (Dr) Hemant Kumar
: Prof
: A.J.Institute of Medical Sciences & Research
Centre
: Mangalore, Karnataka
: PIN 575004

Address (Permanent) : Brig Hemant Kumar
: C-511, Shankar Enclave,
: Kandivili East
: Mumbai -101

1. ACADEMIC QUALIFICATION

Sl No	Degree (please specify)	Subject	University	Year of Passing
i.	M.B.B.S.	ALL MEDICAL SUBJECTS (AS PER MCI REQUIREMENTS)	J.N.MEDICAL COLLEGE, A.M.U.ALIGARH	1978
ii	M.D.(COMMUNITY MEDICINE)	COMMUNITY MEDICINE (PREVENTIVE AND SOCIAL MEDICINE)	a) J.N.MEDICAL COLLEGE, A.M.U.ALIGARH.	1983
iii	DIPLOMA IN INDUSTRIAL POLLUTION AND CONTROL	INDUSTRIAL POLLUTION	ANNAMALI UNIVERSITY TAMILNADU	1997
iv	DIPLOMA IN INDUSTRIAL HEALTH (DIH)	INDUSTRIAL HEALTH	ANNAMALAI UNIVERSITY ,TAMILNADU	1998
v	POST GRADUATE DIPLOMA IN HOSPITAL AND HEALTH CARE MANAGEMENT	HOSPITAL ADMINISTRATION	SYMBIOSIS UNIVERSITY OF HEALTH SCIENCES , PUNE	2005
vi	DIPLOMA IN INFORMATION TECHNOLOGY	COMPUTER SCIENCES	NITE PUNE	2007

2. REGISTRATION NO. OF M.B.B.S: UTTAR PRADESH MEDICAL COUNCIL: 23748 dated, 11 November 1979

3. REGISTRATION NO OF M.D.: MEDICAL COUNCIL OF INDIA NUMBER 13-13520 dated 17.04.2013

4. TEACHING EXPERIENCE:

S. No	Designation	Department	Name of Institution	From DD/MM/Y	To DD/MM/YY	Total Experience in years & months
i.	Demonstrator	Community Medicine	J.N. Medical College, A.M.U. Aligarh	22/07/1981	21/07/1984	3 YEARS
ii	Assistant Professor	Community Medicine	Military Hospital, Agra	09/11/1985	01/12/1988	03 Yrs. 22 days
iii	Associate Professor	Community Medicine	167 Military Hospital, Pathankot	03/04/1999	22/07/2002	03yrs,03 months 19days
iv	Associate Professor	Community Medicine	INHS, ASWINI, MUMBAI	23/07/2002	04/09/2006	04 Yrs,01 month, 12 days
v	Professor	Community Medicine	INHS,ASWINI, MUMBAI	23/05/2008	16/04/2011	02 yrs,10 months 24 days
vi	Medical Superintendent &Professor	M.S. of the teaching hospital & prof in Community Medicine deptt	A.J.I.M.S. & R.C. Mangalore	05/11/2013	22/06/2016	02 yrs. 7 months,17 days
vii	Professor & Head of Department	Community Medicine	Father Muller Medical College, Mangalore	01/07/2016	07/04/2017	09 months 07 days
viii	Professor & Head of Department	Community Medicine	A.J.I.M.S. & R.C. Mangalore	10/04/2017	30 June 2020	03 years 03 months
x	Medical Superintendent &Professor	Community Medicine	Rural Medical College,Pravra	03 January 2021	Contd...	02 months

5. TEACHINGEXPERIENCE: (As on 20 August 2020)

Demonstrator/Clinical Tutor : 03 Yrs.
Assistant Professor : 03 yrs. 22 days
Associate Professor : 07 Yrs. 05 months
Professor : 09 Yrs., 8 Months.
Recognised P.G Guide : Mumbai University -Since May -2005
: RGUHS, Bangalore -Since March-2014

6. EXPERIENCE AS CEO/ADMINISTRATOR/MEDICAL SUPERINTENDENT:

s. No.	Name of Institution	Designation	Duration of appointment	Remarks
1.	118 FHO	CEO/Officer Commanding)	December 1988 to Feb-1992	Responsibly included overall administration/supervision of field hospital, accounting of funds and medical stores ,maintenance of security of men and equipments , and maintenance of health and imprest and all related Records, besides being expert advisor on medical and health matters to local army commanders .
2.	SHO Ferozepur	CEO/ Officer Commanding)	Feb-1992 to Dec 1995	Responsibly included overall administration/supervision of field hospital, accounting of funds and medical stores ,maintenance of security of men and equipments , and maintenance of health and imprest and all related Records, besides being expert advisor on medical and health matters to local army commanders
3.	Deputy Assistant Director of Health	36 infantry Division, Saugor Madhya Pradesh	Jan 1996 to June 1999	Administration of Medical Branch and principal advisor to General Officer commanding infantry Division on all technical and Health Matters .
4.	SHO Pathankot (Punjab)	CEO/ Officer Commanding)	July 1999 to June 2002	Responsibly included overall administration/supervision of field hospital, accounting of funds and medical stores ,maintenance of security of men and equipments , and maintenance of health and imprest and all related Records, besides being expert advisor on medical and health matters to local army commanders
5.	SHO Colaba	CEO/ Officer Commanding)	July 2002 to Aug 2006	Responsibly included overall administration/supervision of field hospital, accounting of funds and medical stores ,maintenance of security of men and equipments , and maintenance of health and

				imprest and all related Records, besides being expert advisor on medical and health matters to local army commanders
6.	Assistant Director Health	Fort William Kolkata	2006 September to April 2008	Principal advisor to MG (Medical) Eastern Command and administration of medical branch. The charter of duty also included visits to various stations located in ten states in the Eastern theatre and advise local commanders on technical matters.
7.	AFMSD Mumbai	Deputy CEO/ (Deputy Commandant & OC Troops)	May 2008 April 2011	Over all responsibly of procurement of Medical stores for Armed Forces amounting to more than 100 Crores each year. Overall Responsibly of Security of Stores of Depot, Fire Fighting and training. Overall Responsibility of maintaining funds and proper documentation
8.	150 General Hospital	CEO/Commandant	May 2011 to October 2013	As commandant had overall responsibility of administration and running this very high pressure 500 bedded General Hospital located in border area. Every aspect related to patient care had to be personally monitored.
9.	A.J. institute of Medical Sciences & Research Centre ,Mangalore	Medical Superintendent	05 Nov 2013 to 22 June 2016	As Medical Superintendent had overall responsibility of administration and running this 850 bedded teaching Hospital Every aspect related to patient care had to be personally monitored and patient satisfaction was the highest priority.

7. HONOURS & AWARDS: While commanding 150 General Hospital, the hospital was awarded the “**BEST HOSPITAL AWARD**” for the entire **North Zone in 2013**, during my tenure for the first time in its history, as number of improvements was made. I was also awarded **Army**

Commander and “**Chief of Army Staff Commendation Cards**” in 2008 and 2013 respectively for rendering exemplary services.

8. EXPERIENCE AS EXAMINER (LAST THREE YEARS):

Sr. No	Subject	Months & year	Examination	University
I	Community Medicine	January 2016	M.B.B.S	RGUHS
ii	Community Medicine	December 2016	M.B.B.S	RGUHS
iii	Community Medicine	April 2016	M.D.	NITTE
iv	Community Medicine	Dec 2016	M.D.	RGUHS
v	Community Medicine	April 2017	M.D.	RGUHS
vi	Community Medicine	Dec 2017	M.B.B.S	RGUHS
vii	Community Medicine	May 2018	M.D.	YENEPOYA
viii	Community Medicine	June 2018	M.D.	RGUHS
ix	Community Medicine	June 2018	M.D.	Kerala University
x	Community Medicine	Dec 2018	M.D.	Kerala University
xi	Community Medicine	Jan 2019	MBBS	RGUHS
xii	Community Medicine	March 2019	M.D.	NITTE
xiii	Community Medicine	March 2019	M.D.	YENEPOYA
xiv	Community Medicine	April 2019	M.D.	GMC,GOA University
xv	Community Medicine	28-29 May 2019	M.D.	GMC, Thrissur, Kerala
xvi	Community Medicine	30-31 May 2019	M.D.	AMALA, Medical College Thrissur
xvii	Community Medicine	10-15 June 2019	M.D.	King Edward Medical College, Mumbai
xviii	Community Medicine	19-20 June 2020	M.D.	NITTE University
xix	Community Medicine	26-27 June 2020	M.D.	YENEPOYA University

9. WHETHER YOUR DEPARTMENT IS RECOGNIZED BY MEDICAL COUNCIL OF INDIA FOR THE POST-GRADUATE COURSE?

YES/NO: **Yes. It is recognised by MCI for POST-GRADUATE COURSES: letter number MCI-50(22)/2017-Med /152867 dated 08 /11/2017.**

10.. WHETHER YOU ARE A RECOGNISED GUIDE OF YOUR UNIVERSITY FOR THE POST GRADUATE MEDICAL DEGREE COURSE?

YES/NO: **Yes. I am a recognised P.G. Guide for Post Graduate Medical Degree Courses of my University vide its Letter No. ACA/CDC/PGT-MED/AJIMS/20/2013-14 dated 13 /03/2014.**

11. PUBLICATIONS AS FIRST AUTHOR/CORRESPONDING AUTHOR (LAST SEVEN YEARS) IN INDEXED JOURNALS (AS FIRST AUTHOR/CORRESPONDING AUTHOR.

- i. Hemant Kumar ^{1*}, Rufaidha Omar Abdullah ²& Heena Lalwani ³. Medication adherence among type 2 diabetes mellitus patients: a cross sectional study in rural Karnataka, (India). **Athens Journal of Health & Medical Sciences** - Volume 8, Issue 2, June 2021 – Pages 107-118. <https://doi.org/10.30958/ajhms.8-2-2>
- ii. Hemant Kumar ^{1*}& Ruchita Satish Gaonkar ². Practices and determinants of Exclusive Breast Feeding among young mothers attending a Secondary Health Care Facility – a cross sectional study. **Athens Journal of Health & Medical Sciences**. 2020.7 (3):171-83.<https://www.athensjournals.gr//health/2020-03HEA.pdf>
- iii. VT Krishna Das Menon¹, Hemant Kumar^{2*}, Saju CR³, Vidhu Joshi⁴. A Study on the Knowledge and Attitude Regarding Internet Blue Whale Game Among Adolescent School Children in a Private School in a Rural Area of Kerala, South India. *Journal of Global Public Health* 2019; 1(2):67-71. https://www.rfppl.co.in/view_abstract.php?jid=190&art_id=10036
- iv. **Samuel S. E ¹, Kumar H ², Bangera A ^{*3}**. Effect of socio-economic status on physical activity in community dwelling south Indian older adults. *International Journal of Physiotherapy and Research, Int J Physiotherapy*. 2019; 7(6):3313-19. DOI: [10.16965/ijpr.2019.191](https://doi.org/10.16965/ijpr.2019.191)
- v. *Hemant Kumar, Sachidananda Kapinakadu, Manjula Anil*. Health seeking behavior and its determinants among rural population – a cross sectional study in South India. *Int J Community Med Public Health*. 2019 Nov;6(11):4944-4949. <http://dx.doi.org/10.18203/2394-6040.ijcmph20195085>
- vi. Hemant Kumar¹, Sachidanand K ², Heena Lalwani³. Assessment of satisfaction level among indoor patients in a teaching hospital - a cross sectional study in south India. *Global Journal Public Health*. 2019; Dec; 2(1): 33-42. https://www.rfppl.co.in/view_abstract.php?jid=190&art_id=10037
- vii. Hemant Kumar¹, Pankajala Amritha Krishna². Prevalence and practices of self-medication in urban population – a cross sectional study in South India. *Global Journal Public Health*. 2019 Jun; 1(1): 16-25. https://www.rfppl.co.in/view_abstract.php?jid=190&art_id=9345
- viii. *Jibi Stephen George, Hemant Kumar*. Knowledge, attitude and practices of contraception among urban women in Mangaluru, Karnataka. *International Journal of Community Medicine and Public Health*. *Int J Community Med Public Health*. 2019 Apr; 6(5):2086-96. DOI: <http://dx.doi.org/10.18203/2394-6040.ijcmph20191824>.
- ix. Brig Hemant Kumar¹ Heena Lalwani² Prajna Kini³ Tuberculosis Trends over a Five-Year Period at a Tertiary Care Hospital in Mangaluru, Karnataka. *Indian Journal of Preventive Medicine*. Volume 7, Issue 1, Jan-June 2019, Pages 29-36.\ DOI: https://www.rfppl.co.in/view_abstract.php?jid=19&art_id=8839

- x. Hemant Kumar¹, Pradeep Senapathi², Sajjan Madappady³. Dengue Trends in South India: A Five Years Study at a Tertiary Care Hospital. *Indian Journal of Communicable Diseases* Volume 5 Number 1, January - June 2019. Pages: 05-10. DOI: <http://dx.doi.org/10.21088/ijcd.2395.6631.5119.1>
- xi. *Pankajala Amritha Krishna¹, Hemant Kumar^{2*}*. Clinico-epidemiological profile of malaria cases admitted in a tertiary care hospital, in South India. *International Journal of Community Medicine and Public Health* .Int J Community Med Public Health. 2019 Apr; 6(4):1760-67. DOI: <http://dx.doi.org/10.18203/2394-6040.ijcmph20191418>.
- xii. *Sajjan Madappady, Hemant Kumar, S. Jayaram, Krutarth Brahmabhatt, Manjula Anil, Tamal Chakraborty, Shwethashree ., Sindhushree H. R.* A study on awareness of health effects of tobacco consumption among medical students and impact of modular training. *International Journal of Community Medicine and Public Health* | September 2018 | Vol 5 | Issue 9 Page 4077. DOI: <http://dx.doi.org/10.18203/2394-6040.ijcmph20183598>.
- xiii. *Pradeep Senapathi, Hemant Kumar, Shama Kamath, Nischitha S., Mahesh V., Pradyumna Bhandary* A study on the pattern of skin diseases among migrant labourers visiting a teaching hospital. *International Journal of Community Medicine and Public Health* | August 2018 | Vol 5 | Issue 8 Page 3600. DOI: <http://dx.doi.org/10.18203/2394-6040.ijcmph20183106>.
- xiv. *Pradeep Senapathi, Hemant Kumar.* A comparative study of menstrual hygiene management among rural and urban adolescent girls in Mangaluru, Karnataka. *International Journal of Community Medicine and Public Health*. 2018 Jun; 5(6):2548-2556. DOI: [Http:// dx.doi.org /10.18203/2394-6040.ijcmph20182193](http://dx.doi.org/10.18203/2394-6040.ijcmph20182193).
- xv. Pragathi Wadkar¹, Brig. Hemant Kumar². Awareness and Practices on Menstrual Hygiene among Adolescent Girls in Rural School of Dakshin Kannada, Karnataka. *Indian Journal of Preventive Medicine* .Volume 6 Number 1, January - June 2018. DOI: <http://dx.doi.org/10.21088/ijpm.2321.5917.6118.8>
- xvi. Gowthami Palnati,¹ Brig. Hemant Kumar. ² Relationship between Nutritional Status and Academic Achievements: A Study among Rural School Children in South India. Volume 6 Number 1, January - June 2018. DOI: <http://dx.doi.org/10.21088/ijpm.2321.5917.6118.3>.
- xvii. Shubhankar¹, Brig Hemant Kumar² Malaria Trends in Dakshin Kannada, Karnataka: An Epidemiological Review. *Indian Journal of Communicable Diseases*. Volume 4 Numbers 1, January - June 2018. DOI: <http://dx.doi.org/10.21088/ijcd.2395.6631.4118.3>

- xviii. Pradeep Senapathi, Brig. Hemant Kumar*, 3 Nischitha S., 4 Mahesh V. Socio-Demographic Profile and the Health Status of Migrant Labourers in Mangaluru, Karnataka: A Cross Sectional Study. Indian Journal of Preventive Medicine. Volume 6 Number 1, January - June 2018. DOI: <http://dx.doi.org/10.21088/ijpm.2321.5917.6118.8>.
- xix. Saba M. Mansoor, Brig (Dr) Hemant Kumar *. A Study of Breast Self-Examination and its Association with Selected Demographic Variables among Rural Women. Indian Journal of Preventive Medicine Volume 5 Number 2, July - December 2017 .Pages:53-57, DOI: <http://dx.doi.org/10.21088/ijpm.2321.5917.5217.1>
- xx. Lt. Col Archana Singh¹ , Brig. Hemant Kumar² .A Study of Knowledge, Attitude and Practices about Leprosy among Rural Population. Indian Journal of Communicable Diseases. Volume 3, Issue 1. , January - June 2017, Pages 17-22. DOI: <http://dx.doi.org/10.21088/ijcd.2395.6631.3117.3>.
- xxi. Hemant Kumar^{1*}, Saba M. Mansoor² A study of community-acquired methicillin-resistant staphylococcus aureus infections among college students. Indian Journal of Communicable Diseases. Volume 2. Number 2, July - December 2016: Pages-53-58. DOI: <http://dx.doi.org/10.21088/ijcd.2395.6631.2216.3>.
- xxii. Saba Mohammed Mansoor¹, Brig Hemant Kumar^{1*} Occupational Exposure to Needle Stick Injuries among Health Care Workers in a Teaching Hospital in Mangalore, Karnataka. Indian Journal of Communicable Diseases. Volume 2, Issue 1, January - June 2016, Pages 5-9 DOI: <http://dx.doi.org/10.21088/ijcd.2395.6631.2116.1>.
- xxiii. Saba Mohammed Mansoor¹, Kumar Hemant^{1*}, Poojari. A¹ Clinico-Epidemiological Profile of Cases of Leptospirosis in a Tertiary Care Hospital. Indian Journal of Communicable Diseases. Volume 1 Number 2, July - December 2015. https://www.rfppl.co.in/view_abstract.php?jid=48&art_id=2522
- xxiv. Hemant Kumar^{1*}, Saba Mohammed Mansoor². A Study of Clinico-Demographic Profile of Dengue Cases in a Teaching Hospital. National Journal of Laboratory Medicine. 2015 Jul, Vol 4(3): 22-26. DOI: NJLM /2015/13557:2044.
- xxv. Hemant Kumar¹, Gokhale², Kalpana Jain³, D R Mathur⁴ Legal Awareness and Responsibilities of Nursing Staff in Administration of Patient Care in a Trust Hospital Journal of Clinical and Diagnostic Research. 2013 Dec, Vol-7(12): 2814-2817. Doi: 7860/JCDR/2013/7737.3886. Epub 2013.

- xxvi. Kumar H, Jain K, Jain R. A study of prevalence of intestinal worm infestation and efficacy of anthelmintic drugs. Medical Journal, Armed Forces India. 2014; 70(2):144-148.doi:16.1016/j.mjafi.2013.12.009. Doi: 10.1016/j.mjafi.2013.12.009
- xxvii. Hemant Kumar, Saba M Mansoor. “A rare case of parotid gland tuberculosis with tubercular cervical Lymphadenopathy. (Int J AJ Inst Med Sci 2014 May, Vol. 3, No.1:112-115.) (Institutional Journal)
- xxviii. A study of outcomes related to delayed admissions in a medical intensive care unit in a super specialty hospital. . (Int J AJ Inst Med Sci 2014, May, Vol. 3, No.2: 87-111). (Institutional Journal)
- xxix. A study of prevalence of Pre-hypertension and Hypertension and associated risk factors in a defined population in northern part of country. (Int J AJ Inst Med Sci 2013 Nov, Vol.2, No.2, 90-101. (Institutional Journal)

12. Oral Papers presented

- xxx. Nutrition in Urban Poor with special reference to Street Food”. The study was funded by **World Health Organization** and conducted under the guidance of Prof Indira Chakravarty (Padma shri) ,then director AIIHPH Kolkata in 2004.
- xxxi. “Emergency Contraception” presented and “published in proceedings of National CME on Reproductive and Child Health organized by AFMC Pune held from 16-17 April 2005.
- xxxii. “Street Food Profile in a Metro City” presented and published in proceedings of 49th IPHA Conf Manual held on 11-13 Feb 2005.
- xxxiii. “Dietary Fiber and Health” Presented and published in proceedings of 52nd IPHA Conf held from 7-9 Mar 2008 at New Delhi.
- xxxiv. “Stigma and Discrimination in HIV/AIDS”; presented and published in Conf Souvenir of 35th Annual National conf of IAPSM held at Pondicherry from 23-25 Jan 2008.
- xxxv. “A study of Hospital Infection Control Practices in a teaching hospital in Mangaluru”. Presented in 5th International Patient safety Conference, held at Bangalore on 16-17 October 2015.

- xxxvi. A study of Community-acquired methicillin resistant staphylococcal-aureus infections among nursing college students. Presented and published in the proceedings of souvenir of XXVII Annual Conference of Karnataka Association of Community Health, held on 30-31 October 2015.

13. NATIONAL/INTERNATIONAL CONFERENCES

- I. Chaired session in Vth annual National Conf of Indian society of Hospital Waste Management held on 09-10 April 2005.
- II. Presented a paper in “International Conf & CME on HIV/AIDS from 02-06 Sept 2004 held at Pune.
- III. Chaired a session in National Conf on Management of HIV/AIDS in Resource Restricted Settings held at Mumbai from 20th -22nd Feb 2004.
- IV. Chaired Scientific session IV 48th IPHA Conf held at Bhubaneswar from 24- 26 Jan2004.
- V. Presented a Paper entitled “Decadal Trends in Malaria” in National Vector Borne Diseases .Control workshop held from 19-21 March 2007 at Jorhat and also chaired a session.
- VI. Delivered a guest lecture on “Discrimination in HIV/AIDS” and also chaired a scientific session in workshop held on Training Peer Group Leaders at 5- Air Force Hospital Jorhat from 24- 26 Sept2007.
- VII. Presented a Paper entitled “Nutrition in HIV/AIDS” in Train the Trainer Workshop held from 23-25 Feb 2007 at INHS Aswini Mumbai and also chaired a session.
- VIII. Participated in “Symposium on Expanding Contraceptive choices: International and Indian Experiences and their Implications for policies and Programmes held at Mumbai from 7- 10dec2003.
- IX. Workshop on Universal Immunization Programme (UIP) conducted from 20 Nov 89 to 23 Nov 89 at Pune
- X. Presented a Poster on “Tuberculosis and HIV/AIDS” in XVI Asia Pacific Pan American Military Medicine International Conference in Delhi from 26 Mar - 31 Mar 2006

14. POST GRADUATE TEACHER/EXAMINER

- a. Recognized post graduate (M.D.) teacher of Mumbai University since 2005 and recognized **PG guide and UG as well as PG Examiner of various universities.**

15. PROFESSIONAL MEMBERSHIPS

- a. Indian Public Health Association
- b. Indian Association of Preventive and Social Medicine (MIPHA).

- c. Indian society Of Hospital Waste Management.
- d. Bombay Medical congress.

16. EDITOR OF BIO-MEDICAL JOURNALS

- a) **Editor-in Chief:** Global Journal of Public Health
- b) **Associate Editor:** Indian Journal of Preventive Medicine
- c) **Associate editor:** Indian Journal of Communicable Diseases

17. REVIEWER OF BIO-MEDICAL JOURNALS: Presently reviewer of many national and international Bio-Medical journals

18. DATE OF BIRTH: 17th October, 1954 Language Proficiency: Hindi & English Medical Registration Number: Uttar Pradesh Medical Council, 23748 dated 12 Nov 1979.

19. PRESENT CTC: 20 lakhs /annum

BRIG DR HEMANT KUMAR
08 March 2021