

**Pravara Institute of Medical Sciences
(Deemed University)**

Centre For Social Medicine

**Seminar on
“Women & Diabetes – Our right to a Healthy Future”
for Female Health Volunteers (FHV)s on the eve of World Diabetes Day 2017**

organized by

Centre For Social Medicine

Centre for Social Medicine in Collaboration with Dept. of Medicine Rural Medical College has organized a Seminar on “Women & Diabetes – Our right to a Healthy Future” for Female Health Volunteers (FHV)s working with CSM in Pravara Area on **15/11/2017** at Godawari Hall, Padmbhushan Balasaheb Vikhe Patil Complex, Loni.

The Seminar is as part of a series of weeklong activities the Centre has planned on the occasion of observation of World Diabetes Day (WDD) 2017. The WDD-2017 has also been observed in the Rural Health Centre’s (Babhaleshwar, Kolhar, Zarekahti, Fatyabad and Lohare) run by CSM in collaboration with Dept. of Ophthalmology, RMC by organizing Diabetic Retinopathy Camps.

The Seminar was inaugurated by Dr. Y.M. Jayaraj, Hon’ble Vice Chancellor, PIMS-DU, Loni in the august presence of Dr. R.C. Goyal, Dean, Rural Medical College, Loni & Dr. S.N. Mahajan, Professor & HOD, Dept. of Medicine, RMC, Loni. Dr. Y.M. Jayaraj addressed the participants highlighting the importance of Healthy Diet for Good Health. Dr. R. C. Goyal also addressed the participants High lighting on Regular exercise & Healthy Diet for prevention of diseases like diabetes & heart disease.

Dr. S.N. Mahajan delivered a lecture on “Women & Diabetes” highlighting Definition, Types, Signs, Symptoms, High risk factors of diabetes & preventive measures (food, exercise and other life style changes) to be taken for prevention & control of diabetes.

The Seminar was attended by over 100 participants who include FHV)s & Skill Development Certificate Course Students.

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