



WORLD PHYSIOTHERAPY DAY 2024

Every year on 8th September all over the world is celebrated as World Physiotherapy Day. On this occasion Community Extension Activity Committee and IQAC Cell, Dr. APJ Abdul Kalam College of Physiotherapy had organized various events from 3rd September to 9th September 2024



**PRAVARA INSTITUTE OF MEDICAL SCIENCES
(Deemed to be University)**

Dr. APJ Abdul Kalam College of Physiotherapy

Loni Bk. Tal. Rahata, Dist. Ahmednagar (MS) India



World Physiotherapy Day

8 September 2024

Theme : Low Back Pain




Physiotherapy Week : 3rd September 2024 - 9th September 2024

Date	Activity	Organizing Dept
03/09/2024 and 06/09/2024	Awareness Lecture on Low back pain for ASHA workers around Loni and Kolhar [Venue: Loni Grampanchyat and Kolhar PHC]	Dept. of Community PT
03/09/2024	Awareness and Screening Camp for Sugar Factory workers	Dept. of Cardio Respiratory PT
03/09/2024	Awareness drive on Back pain in school children [Venue: Pravara Central Public School]	Dept. of Paediatric PT in association with IAPWC, Ahmednagar
04/09/2024	Poster Competition (Theme : Low Back Pain)	Dept. of Orthopaedic PT
05/09/2024	Reel making Competition (Theme : Low Back Pain)	Dept. of Community PT
06/09/2024	Awareness regarding Low back pain in Spinal Cord Injury care givers	Dept. of Neuro PT
08/09/2024	Free Physiotherapy Screening and treatment Camp at Zarekathi	Dept. of Community PT in association with IAPWC, Ahmednagar
08/09/2024	Cyclothon [Participation open for all students and faculty of PIMS-DU]	Dept. of Sports PT and NSS Unit, Dr. APJ AK COPT
09/09/2024	Prize distribution and Valedictory function	Student Council

Organized by

**IQAC and Community Extension Activity Committee
Dr. APJ Abdul Kalam College of Physiotherapy**

Department of Orthopaedic Physiotherapy, Dr. APJ Abdul Kalam College of Physiotherapy has organized a **Poster Making competition** on 4th September 2024. Total **27** students participated in the competition, rules and guidelines were provided prior to the competition to the students and were asked to prepare poster accordingly. Students were then judged on basis of their creativity and knowledge of the topic.



PRAVARA INSTITUTE OF MEDICAL SCIENCES
(Deemed to be University)
Dr. A.P.J. Abdul Kalam College of Physiotherapy
Loni Bk. Tal. Rahata, Dist. Ahmednagar (MS) India

WORLD PHYSIOTHERAPY DAY

DEPARTMENT OF ORTHOPAEDIC
PHYSIOTHERAPY

ORGANIZES

POSTER MAKING COMPETITION

THEME : LOW BACK PAIN

DATE: 4TH SEPTEMBER 2024
TIME: 11:00 AM ONWARDS
VENUE: 5TH FLOOR DEMONSTRATION HALL
ELIGIBILITY CRITERIA : 3RD BPTH to 2ND YEAR PG

RULES FOR POSTER COMPETITION

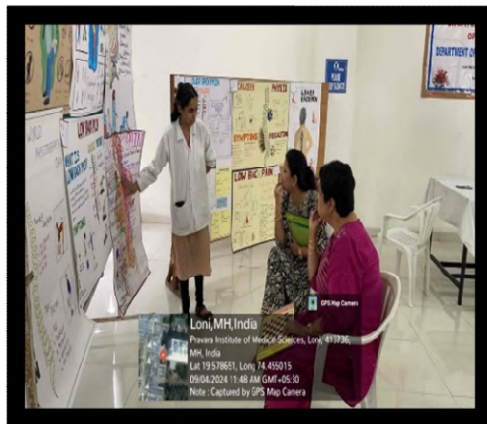
- 1) One participant per poster.
- 2) It should be theme based.
- 3) The poster should be of a dimension of 26 x 30inch size sheet with margins (0.5 inches) drawn with black pen/marker.
- 4) Poster can be made using pencil, crayon, water colour, oil paint, etc.
- 5) Photographs, wires, other 3D objects, print-outs won't be acceptable. It should be original and hand made.
- 6) No use of AI and other software's; avoid copying from Google. Only original ideas will be accepted.
- 7) Poster should not contain any personal details like Name, Class, College etc. of the participants. These details should be mentioned during registration only.
- 8) Poster should contain the coded numbers allocated to them during registration
- 9) Students are requested to prepare posters prior and submit to the above mention contacts by 3rd september
- 10) Presentation time will be of 5mins. 3 mins for Presentation & 2 mins for Question/Answer.
- 11) Last date of submission is 3rd September 2024

For Registration and Submission contact:

Dr. Prashansa Bankar(PT)
9689097643

Dr. Rutuja Raka (PT)
7447282223

Last Date of Submission : 3rd September 2024



Department of Neurophysiotherapy & Department of Community Physiotherapy, Dr. APJ Abdul Kalam College of Physiotherapy, Loni had organized Guest lecture on Back pain For SCI Caregivers on 6th September 2024, to provide valuable insights into effective Management Strategies.



प्रवरा इन्स्टिट्यूट ऑफ मेडिकल सायन्सेस
डॉ.ए.पी.जे अब्दुल कलाम कॉलेज ऑफ फिजिओथेरेपी
श्रीमती सिंधुताई ई. विखे पाटील मज्जारज्जू इजा पुनर्वसन केंद्र
जागतिक फिजिओथेरेपी दिनानिमित्त

मज्जारज्जू दुखापतग्रस्त रुग्णांची काळजी घेणाऱ्या व्यक्तींसाठी पाठदुखी वर व्याख्यान

दिनांक-06/09/2024
वेळ-दुपार 2.30

आयोजक :
न्यूरोफिजिओथेरेपी विभाग

वक्ते: डॉ.दिपाली हांडे
(प्राध्यापिका व विभागप्रमुख)
डॉ.अदिती खोत
(सहाय्यक प्राध्यापिका)
कम्युनिटी फिजिओथेरेपी विभाग

स्थळ: सेमिनार हॉल 506, पाचवा मजला डॉ.ए.पी.जे. अब्दुल कलाम कॉलेज ऑफ फिजिओथेरेपी



Department of Cardio respiratory Physiotherapy had organized a screening camp on Respiratory diseases and pulmonary function testing for workers of Pravara sugar factory, on 3rd September, 2024. Initially, short awareness lecture was given to the workers and pulmonary function testing was done. In this screening camp total 85 workers were screened, in that 62 workers were category of normal pulmonary functions, 11 workers were under mild restrictive defect, 10 workers were under moderate restrictive defect and 2 workers were under obstructive defect. Disposable face masks were also distributed to all the workers.



Department of Community Physiotherapy, Dr. APJ Abdul Kalam College of Physiotherapy had organized an Awareness Lecture on Low back pain for ASHA workers around Loni and Kolhar on 3rd and 6th September 2024 to educate them about low back pain and give them ergonomics advice regarding the same.



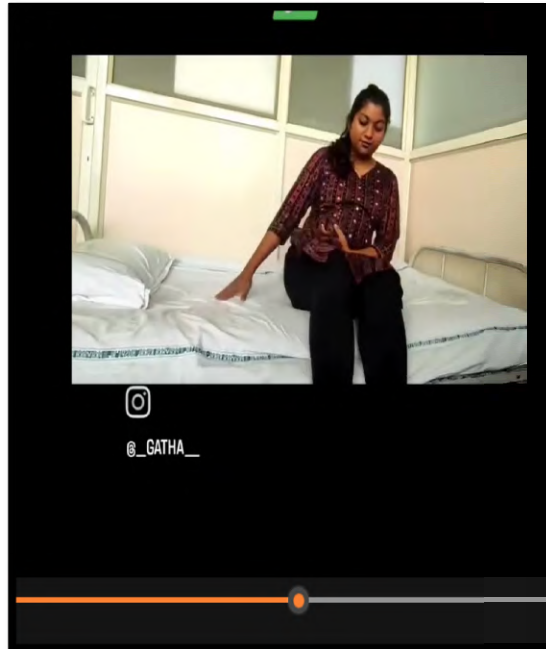
Department of Community Physiotherapy, Dr. APJ Abdul Kalam College of Physiotherapy had organized an Reel Making Competition on the theme Low Back Pain for Undergraduate and post graduate students to provide a platform to students to explore their creative side and raise awareness regarding low back pain and significance of Physiotherapy and healthy lifestyle.

Winners for the competition were-

1st Prize was awarded to Miss. Palak Nisar, Miss. Mansi Pagar and Riddhi Patil

2nd Prize was awarded to Miss. Gatha Patani, Miss. Vaishnavi Patil and Miss. Krupa Ohera

3rd Prize was awarded to Mr. Aadit More, Miss. Tanaya Ogale and Miss. Sakshi Nehe.



Department of Community Physiotherapy, Dr. APJ Abdul Kalam College of Physiotherapy had organized a Free Physiotherapy Screening and treatment Camp at Zarekathi on 8th September 2024. Total of 90 patients attended the camp. Where they were advised regarding self-care strategies to prevent future complications, treatment methods and ergonomics regarding low back pain.



Department of Pediatric Physiotherapy with IAPWC Ahmednagar organized Awareness drive on Low back Pain in school Children on 3rd Sep 2024. The event aimed to educate students about the prevention and management of low back pain, a common issue among young individuals. The comprehensive Booklet on “Low back Pain In school Children” was released at the hands of Hon’ble Vice- Chancellor Dr. V. N. Magare Sir. The Department distributed booklets on exercises for low back pain to school children. UG and PG students actively participated in the activity. Total **506** children from 3rd to 10th standard from Pravara Central Public School, Loni were benefitted by the Awareness Drive.



Department of Sports Physiotherapy & NSS Unit on occasion of World Physiotherapy Day 2024 organized a 10 km CYCLOTHON to promote fitness and health awareness. More than 50 participants participated enthusiastically in the event.

