



WORLD PHYSIOTHERAPY DAY 2023



Every year on 8th September all over the world is celebrated as World Physiotherapy Day. On this occasion Community Extension Activity Committee and IQAC Cell, Dr. APJ Abdul Kalam College of Physiotherapy had organized various events from 4th September to 8th September 2023



PRAVARA INSTITUTE OF MEDICAL SCIENCES
(Deemed to be University)

Dr. A.P.J. Abdul Kalam College of Physiotherapy

Loni Bk. Tal. Rahata, Dist. Ahmednagar (MS) India



**World
Physiotherapy Day**
8 Sept. 2023



Physiotherapy Week : 4th September 2023- 8th September 2023

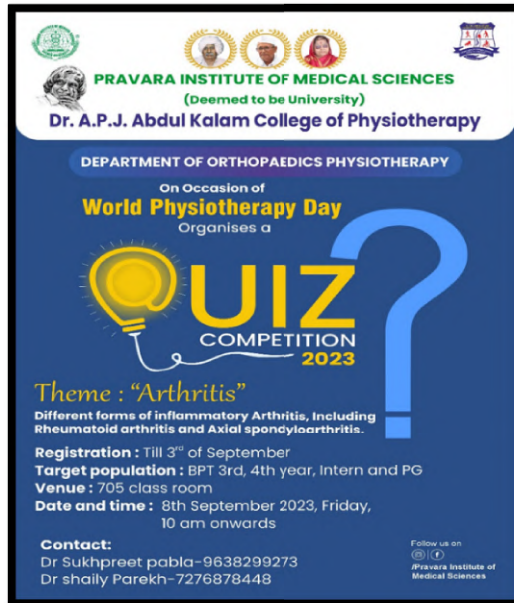
Theme : Arthritis

Date	Activity	Organizing Department
04/09/2023	Arthritis screening camp for Employees and Residents of PMT Campus	Dept. of Community PT & Better Management of Osteoarthritis (BOA) Unit
04/09/2023	Skit Play at Gram Panchayat, Loni	Dept. of Community PT
04/09/2023	Exercise Program & Lecture for school children in Pravara Girls English Medium School, Loni	Dept. of Paediatric PT
05/09/2023	Fall Risk Screening Camp for Geriatric Individuals residing in PMT Campus	Dept. of Community PT
06/09/2023	Screening of Arthritis and Free Physiotherapy Camp at Songaon	Dept. of Community PT in association with IAP Women Cell – Ahmednagar Branch
06/09/2023	Slogan Competition	Dept. of Neurophysiotherapy PT
07/09/2023	Awareness Lecture about Physiotherapy in Junior PVP College, Loni	Dept. of Cardio-Respiratory PT
08/09/2023	Quiz Competition	Dept. of Orthopaedic PT
08/09/2023	Celebration of World Physiotherapy Day and Valedictory Function	Student Council

Organized by

**IQAC and Community Extension Activity Committee
Dr. A.P.J. Abdul Kalam College of Physiotherapy**

Department of Orthopaedic Physiotherapy, Dr. APJ Abdul Kalam College of Physiotherapy had organized a **Quiz Competition** on 8th September 2023 on the occasion of World Physiotherapy Day. Total **20** students participated in the competition, rules and guidelines were provided prior to the competition to the students and were asked to prepare poster accordingly. Students were then judged on basis of their knowledge of the topic.



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DEPARTMENT OF ORTHOPAEDICS PHYSIOTHERAPY

On Occasion of
World Physiotherapy Day
Organises a

QUIZ
COMPETITION
2023

Theme : "Arthritis"
Different forms of inflammatory Arthritis, including Rheumatoid arthritis and Axial spondyloarthritis.

Registration : Till 3rd of September
Target population : BPT 3rd, 4th year, Intern and PG
Venue : 705 class room
Date and time : 8th September 2023, Friday, 10 am onwards

Contact:
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Department of Neurophysiotherapy, Dr. APJ Abdul Kalam College of Physiotherapy, had organized a successful slogan competition to raise awareness about Arthritis and its Management on 6th of September 2023.



Department of Cardiorespiratory Physiotherapy has organized a guest lecture on physiotherapy awareness as a career choice for 12th class (science) students of PVP Jr college Loni on 7th **September**, 10am onwards. Total 600 students attended the lecture. 2nd year MPT students delivered a speech along with Dr. Aashirwad Mahajan on awareness about the importance of physiotherapy, how to get admission in physiotherapy institutes and a list of known physiotherapy institutes, and criteria for admission, future scope and job opportunities in India as well as abroad.



Department of Community Physiotherapy, Better Management of Osteoarthritis (BOA) Unit, and IQAC, Dr. APJ Abdul Kalam College of Physiotherapy organized Arthritis Screening camp for Employees and Residents of PMT Campus from 4th September to 8th September 2023. As most of the employee desk job workers and peons work in continuous sitting, squatting, and lifting heavy load, all these positions have been associated with increased arthritis risk. Total 130 individuals were assessed and were given ergonomic advice during the camp by adapting some minor changes in their workplace.



Department of Community Physiotherapy, Dr. APJ Abdul Kalam COPT had organised Skit Play depicting “Awareness on Arthritis” at Gram Panchayat, Loni on 4th September 2023. Skit was organized to educate general population regarding different form of Arthritis and to equip them with the knowledge and skill to manage their disease to allow maximum lifestyle flexibility.



Department of Community Physiotherapy, Dr. APJ Abdul Kalam COPT had organized a “**Fall Risk Screening Camp for Geriatrics Individuals residing in PMT Campus**” from 4th September to 8th September 2023. Geriatrics individuals have more risk of fall with advancing age. Fall is major threat to older adults, as fall related injuries may lead to loss of independence and reduced quality of life, often causing a decline in self-care ability and participation in physical and social activities. Total 29 individuals were screened during the camp and 20% of Geriatric population showed moderate risk of fall.



Department of Pediatric Physiotherapy, Dr APJ Abdul Kalam COPT organized lecture on “**Posture and Exercises for School Children**” at Pravara Girls English Medium School, Loni. 450 Students attended and enthusiastically participated in the activity. The students were explained about various postural abnormalities and exercises to prevent them along with demonstrations

