



# Pravara Institute of Medical Sciences

(Deemed to be University)

Re-Accredited by NAAC 'A' Grade with CGPA 3.17 for Cycle 2

Loni-413 736, Tal Rahata, Dist. Ahmednagar, Maharashtra (MS), INDIA

## Report on capability enhancement and life skill development scheme: Personality development

**Title of the programme:** Personality development

**Programme objective:** The Personality development is designed to enable the student to acquire the knowledge and improve holistic perspectives toward life and prosperity.

**Programme outcome:** At the end of capability enhancement and personality development scheme: personality Development Programme, the candidates enable to do the self analysis, motivate the self, time management, develop leadership skills, manage stress and conflict and develop decision making ability

**Year:** 2021-2022

**Eligibility of criteria's:** Students who are perusing diploma in nursing (GNM) / B.Sc Nursing/ P.B.B.Sc Nursing / M.Sc. Nursing are eligible for the course.

**Students:** First year Basic B.Sc. Nursing

**Duration of Programme:** 40 (Theory – 15 and Practical – 25)

**Number of students:** 40

**Duration:** 30.04.2022-27.08.2022

**Time:** 2 pm-4pm (Every Saturday)

**Platform:** Offline classroom method of teaching learning

**Teaching learning Method:** Traditional chalk and blackboard, PPT, role play and discussion

**Name of teacher:** Ms. Rubina Cambell

**Conducted by:** Smt. SEVP College of nursing Loni Bk

**Brief report:** Smt. SEVP College of nursing situated in rural area of Ahmednagar district of Maharashtra, mainly works on concept service to rural population. Maximum students admitted to nursing courses from rural background. We are preparing nurses who work competently across the globe. Personality development enable students of first year B.Sc. nursing students to face confidently in every situation.

Coordinator of respective programme was Ms. Rubina Cambell and 40 students from first year B.Sc. nursing. Capability enhancement and personality development scheme conducted from duration 30.04.2022-27.08.2022.

Students were taught about self analysis, out of box thinking, attitude –how to look positively towards situation, motivation, blue print of work, goal setting and completion, time management, leadership skills, stress management , conflict resolution and decision making.

After successfully completion of programme students were appreciated with certificate. Certificate were distributed in the presence of Dean, Dr. Heera Jaysheela, SSEVP CON, programme coordinator and faculty in multipurpose hall of SSEVP CON PIMS DU Loni Bk.



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**Pravara Institute of Medical Sciences**  
(Deemed to be University)



**College of Nursing, Loni**

## Certificate

This is to certify that

*Mr / Ms. Pawar Rohini Gitaram*

*has successfully completed and fulfilled the requirements of Capability Enhancement Scheme on*

*Personality Development (40 hours) at College of Nursing,*

*Pravara Institute of Medical Sciences (Deemed to be University), Loni (Bk) on 30/08/22*

*We thank him/her for the valuable contribution in making the course a success.*

Course coordinator



Principal / Dean

PRINCIPAL  
Smt. SEVP CON PIMS, Loni  
LONI-413736



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## List Students Academic Year 2021-22

S.N	Name of Students	S.N	Name of Students
1	Pawar Rohini Gitaram	21	Vadak Sayali Sahebrao
2	Pulate Pratik Baban	22	Varpe Rutik Vilas
3	Ronode Karan Minanath	23	Varpe Saurbh Pandurang
4	Sambare Sairaj Ramdas	24	Wadge Shubham Bhaskar
5	Satpute Puja Sanjay	25	Wagh Sairaj Deepak
6	Sayyad Parvej Husen	26	Wani Sarthak Sanjay
7	Sayyed Shahid Rafik	27	Wani Saurav Mohan
8	Shaikh Ayan Taukal	28	Shelke Vaibhav Rajendra
9	Shaikh Aysha Innus	29	Tupe Kartik Prakash
10	Shelke Dhananjay Jalindar	30	Joshi Sanket Vilas
11	Shelke Tejas Ravindra	31	Gunjal Vaishnav Sanjay
12	Shewale Chetan Balasaheb	32	Joshi Prashant Pandurang
13	Talole Apeksha Vikram	33	Vikhe Rutvik Prakash
14	Talole Asmita Babasaheb	34	Kaduskar Onkar Radhakisan
15	Tambe Yash Sharad	35	Parwat Nikhil Raosaheb
16	Tambe Akshada Ashok	36	Borhade Akansha Sanjay
17	Tambe Nikhil Dipak	37	Khilari Omkar Pandharinath
18	Thete Vaibhav Dipak	38	Dhamak Mangesh
19	Thoke Mahesh Shantaram	39	Kangane Mayur Rohidas
20	Udawan Kunal Madan	40	Vikhe Sudarshan

Ms Rubina Cambell







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Sl. No.	Name of Student	30/4/22	7/5/22	14/5/22	21/5/22	28/5/22	4/6/22	11/6/22	18/6/22	25/6/22	25/6/22	2/7/22	9/7/22	16/7/22	30/7/22	6/8/22	13/8/22	20/8/22	27/8/22	
28	Whelke Vaibhav	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
29	Tupe Karthik	(H)	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
30	Joshi Shanket	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
31	Gungul Vaishnavi	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
32	Joshi Prashant	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
33	Vikhe Rutuk	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
34	Kaduskar Onkar	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
35	Paniat Nikhil	P	P	P	P	(H)	P	P	P	P	P	P	P	P	P	P	P	P	P	
36	Borhade Akash	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
37	Khilare Onkar	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
38	Dhamak Mangesh	P	(H)	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
39	Kangane Mayur	P	P	P	P	P	P	(H)	P	P	P	P	P	P	P	P	P	P	P	
40	Vikhe Sudarshan	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
	Topic	Sign																		
4pm	Self Analysis																			
4pm	SWOT Analysis, Self-Esteem																			
4pm	Stress Management																			
4pm	Attitude																			
4pm	Factors, Challenges, Stressors, Coping Mechanisms																			
4pm	Motivation																			
4pm	Intrinsic & Extrinsic Motivators																			
4pm	Goal Setting																			
4pm	SMART Goal																			
4pm	Blue Print for Success																			
4pm	Time Management																			
4pm	Leadership Skills																			
4pm	Stress Management																			
4pm	Stressors & Coping Mechanisms																			
4pm	Conflict Resolution																			
4pm	Approaches for Conflict Resolution																			
4pm	Case Studies																			
4pm	Decision Making																			
4pm	Process & Importance of Decision Making																			



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**Smt. Sindutai Eknathrao Vikhe Patil College of Nursing, Loni (Bk)**

**Capability enhancement and life skill development scheme**

**Syllabus**

**Personality Development**

**1. Title of the programme:** Personality Development.

**Programme objective:** The Personality development is designed to enable the student to acquire the knowledge and improve holistic perspectives toward life and prosperity.

**Year:** 2021 – 2022

**Date:** 30.04.2022-27.08.2022

**2. Eligibility of criteria's:** Students who are perusing diploma in nursing (GNM) / B.Sc Nursing/ P.B.B.Sc Nursing / M.Sc. Nursing are eligible for the course.

**3.Duration of Programme:**40(Theory – 15 and Practical – 25).

**4.Content / Syllabus of the Programme**

**Unit I – Self Analysis (03 hours)**

SWOT Analysis, Who am I, Attributes, Importance of Self Confidence, Self Esteem.

**Unit II – Creativity (03 hours)**

Out of box thinking, Lateral Thinking

**Unit III – Attitude (03 hours)**

Factors influencing Attitude, Challenges and lessons from Attitude, Etiquette

**UNIT IV - Motivation (04 hours)**

Factors of motivation, Self talk, Intrinsic & Extrinsic Motivators.

**UNIT V - Goal Setting (05 hours)**

Wish List, SMART Goals, Blue print for success, Short Term, Long Term, Life Time Goals

**Unit VI – Time Management (05 hours)**

Value of time, Diagnosing Time Management, Weekly Planner To do list, Prioritizing work.

**Unit VII - Leadership (03 hours)**

Skills for a good Leader, Assessment of Leadership Skills

**Unit VIII - Stress Management (05 hours)**

Causes of Stress and its impact, how to manage & distress, Circle of control, Stress Busters

**Unit XI - Conflict Resolution (05 hours)**

Conflicts in Human Relations – Reasons Case Studies, Approaches to conflict resolution

**Unit XII - Decision Making (04 hours)**

Importance and necessity of Decision Making, Process and practical way of Decision Making, Weighing Positives & Negatives



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## 5. Curriculum delivery / Transaction:

Unit	Hours	Content	Teaching learning methods	A. V. Aids	Evaluation
I	T – 01 P – 02	<b>Self Analysis</b> SWOT Analysis, Who am I, Attributes, Importance of Self Confidence, Self Esteem.	<ul style="list-style-type: none"> <li>Lecture cum discussion</li> </ul>	<ul style="list-style-type: none"> <li>Black board</li> <li>LCD</li> </ul>	Question and answer
II	T – 02 P – 01	<b>Creativity</b> Out of box thinking, Lateral Thinking	<ul style="list-style-type: none"> <li>Lecture cum discussion</li> <li>Case scenarios</li> </ul>	<ul style="list-style-type: none"> <li>Black board</li> <li>LCD</li> </ul>	Question and answer
III	T – 01 P – 02	<b>Attitude</b> Factors influencing Attitude, Challenges and lessons from Attitude, Etiquette	<ul style="list-style-type: none"> <li>Lecture cum discussion</li> <li>Demonstration</li> </ul>	<ul style="list-style-type: none"> <li>Black board</li> <li>LCD</li> </ul>	Question and answer
IV	T – 02 P – 02	<b>Motivation</b> Factors of motivation, Self talk, Intrinsic & Extrinsic Motivators.	<ul style="list-style-type: none"> <li>Lecture cum discussion</li> </ul>	<ul style="list-style-type: none"> <li>Black board</li> <li>LCD</li> </ul>	Question and answer
V	T – 02 P – 03	<b>Goal Setting</b> Wish List, SMART Goals, Blue print for success, Short Term, Long Term, Life Time Goals	<ul style="list-style-type: none"> <li>Lecture cum discussion</li> </ul>	<ul style="list-style-type: none"> <li>Black board</li> <li>LCD</li> </ul>	Question and answer
VI	T – 02 P – 03	<b>Time Management</b> Value of time, Diagnosing Time Management, Weekly Planner To do list, Prioritizing work.	<ul style="list-style-type: none"> <li>Lecture cum discussion</li> <li>Role play</li> </ul>	<ul style="list-style-type: none"> <li>Black board</li> <li>LCD</li> </ul>	Question and answer
VII	T – 01 P – 02	<b>Leadership</b> Skills for a good Leader, Assessment of Leadership Skills	<ul style="list-style-type: none"> <li>Lecture cum discussion</li> <li>Demonstration</li> </ul>	<ul style="list-style-type: none"> <li>Black board</li> <li>LCD</li> </ul>	Question and answer
VIII	T – 02 P – 03	<b>Stress Management</b> Causes of Stress and its impact, how to manage & distress, Circle of control, Stress Busters	<ul style="list-style-type: none"> <li>Lecture cum discussion</li> <li>Demonstration</li> </ul>	<ul style="list-style-type: none"> <li>Black board</li> <li>LCD</li> </ul>	Question and answer
IX	T – 01 P – 04	<b>Conflict Resolution</b> Conflicts in Human Relations – Reasons Case Studies, Approaches to conflict resolution	<ul style="list-style-type: none"> <li>Lecture cum discussion</li> <li>Simulated practice</li> </ul>	<ul style="list-style-type: none"> <li>Black board</li> <li>LCD</li> </ul>	Question and answer
X	T – 01 P – 03	<b>Decision Making</b> Importance and necessity of Decision Making, Process and practical way of Decision Making, Weighing Positives & Negatives	<ul style="list-style-type: none"> <li>Lecture cum discussion</li> <li>Demonstration</li> </ul>	<ul style="list-style-type: none"> <li>Black board</li> <li>LCD</li> </ul>	Question and answer





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**6. Programme outcome:** At the end of capability enhancement and personality development scheme: personality Development Programme, the candidates enable to do the self analysis, motivate the self, time management, develop leadership skills, manage stress and conflict and develop decision making ability

**7. Examination and evaluation method:** Summative evaluation

- **Number of paper:** One theory paper with 25 Marks and One practical with 25 marks
- **Paper title:** Personality Development
- **Content of paper: (Theory) Total Marks: 25**
- **Section A:** Multiple Choice Question            10 Marks (10X01)
- **Section B:** Short Notes (Any Three)            15 Marks (03X05)
- **Content of paper: (Practical) Total Marks: 25**
- Case scenario            20 Marks
- Viva Voce            05 Marks
- **Total Marks: 50**
- **Passing Marks: 25**
- **Duration of examination:** Theory 1 hour and Practical: 1 hour
- **Evaluation authority:** Course coordinator

**8. Certification authority and design of certificate:** Principal / Dean of Faculty of Nursing

## Certificate

This is to certify that Mr. / Ms. Yash Tambe has successfully completed and fulfilled the requirements of *Personality Development* (40 hours) at Smt. SEVP College of Nursing of Pravara Institute of Medical Sciences (Deemed University), Loni (Bk) on

We thank him/her for the valuable contribution in making the course a success.

**9. Place and Venue of the academic work of the Programme:** College of nursing, Loni (Bk)

**10. Department and institute offering the Programme and overall coordination**

**Institute:** College of nursing

**Academic Calendar:** 30.04.2022-27.08.2022

**Time table:** Every Saturday of week 2 PM – 4 PM

**Maintenance of attendance:** Attendance register will be maintained by the course coordinator

**Arrangements and conduction of Programme:** Course Coordinator is responsible for the same



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**Evaluation:** Summative evaluation with help of theory and practical examinations with 25 Marks each

**Documentation:** Course Coordinator and the student section of college of nursing

**Feedback:** Teaching learning, Faculty, Infrastructure and Learning resources feedback will be obtained (online)

**Appointment of director/coordinator:** Ms. Rubina Cambell, Asst Professor

**Resource person/ Teachers:** Ms. Rubina Cambell

**11. Approximate expenditure involved to run the batch per a Programme:** NA

**12. Nominal fees proposed to be charged to be per course per participant with the approval of authorities:** Rs50 / student

**13. Financial and administrative expectations from the PIMS – DU /PMT to run the Programme:** NA

**14. Infrastructure requirement:** Lecture hall

**15. Yearly AAA Audit of the Programme and financial audit process and format:** NA

**16. Annual Meta evaluation and up gradation of the content and delivery of the Programme:** NA

**17. Central documentation:** Student section of college of nursing

**18. Grievance redressal and appeals mechanism:** as per institute and university policy / mechanism



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## Personality Development

### Course Aspirants:

Students pursuing diploma in nursing (GNM) / B.Sc Nursing / P.B.B.Sc Nursing / M.Sc. Nursing

### Programme objective:

- Enable the student to acquire the knowledge and improve holistic perspectives toward life and prosperity

**Duration of Course:** 40 Hours (Theory – 15 and Practical – 25)

### Course Content:

- Self Analysis
- Creativity
- Attitude
- Motivation
- Goal Setting
- Time Management
- Leadership
- Stress Management
- Conflict Resolution
- Decision Making

**Mode of Instructions:** Audio – visual and Simulation

**Examination and evaluation method:** Summative evaluation (theory and practical examinations)

**Course outcome:** Candidates will receive value added course certification on '*Certificate Course on Personality Development*'; which will help them to incorporate in personal and professional nursing practice.



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## Personality Development

**Course Aspirants:** Students pursuing diploma in nursing (GNM) / B.Sc Nursing/ P.B.B.Sc Nursing / M.Sc. Nursing

### Programme objective:

- Enable the student to acquire the knowledge and improve holistic perspectives toward life and prosperity

**Duration of Course:** 40 Hours (Theory – 15 and Practical – 25)

### Course Content:

- Self Analysis
- Creativity
- Attitude
- Motivation
- Goal Setting
- Time Management
- Leadership
- Stress Management
- Conflict Resolution
- Decision Making

**Mode of Instructions:** Audio – visual and Simulation

**Student Capacity:** 40 students per batch

**Examination and evaluation method:** Summative evaluation (theory and practical examinations)

**Course outcome:** Candidates will receive knowledge about 'Personality Development'; which will help them to incorporate in personal and professional nursing practice.



Registrar

Pravara Institute of Medical Sciences  
(Deemed to be University)  
Loni - 413736, Tal. Rahata  
Dist. Ahmednagar (M.S. India)



**REPORT**  
**of**  
**Community Based Rehabilitation in Blind**  
**School**

**Organized by**

**Department of Community**  
**Physiotherapy and IQAC**

**Dr. APJ Abdul Kalam College of**  
**Physiotherapy**

**Pravara Institute of Medical Sciences**  
**(Deemed to be University)**

## **REPORT ON**

### **Community Based Rehabilitation in Blind School**

Department of Community Physiotherapy and IQAC of Dr. APJ Abdul Kalam College of Physiotherapy had organized a visit on **Community Based Rehabilitation in Blind School** on **10th December 2022**.

**Topic: Functional Assessment of Differently abled Students**

**Date** : 10/12/2022

**Time:** 09:00 AM to 1:00 PM

**Organizing Department:** Department of Community Physiotherapy and IQAC, Dr. APJ Abdul Kalam College of Physiotherapy

**Venue:** Padmashree Dr. Vitthalrao Vikhe Patil Vidyalay-Blind unit, Babhaleshwar Dist.-Ahmednagar.

**Name of Faculty:** Dr. Aditi Khot

Dr. Pradnya Dumore

**No. of Students Participated:** 100

**Target Participant:**

- Blind patients
- Dumb and Deaf patients

**Total No. of Students Screened:** 65

**Event Description:**

**Community Physiotherapy Department and IQAC, Dr. APJ Abdul Kalam College of Physiotherapy** organized a visit to Blind school on **10th December 2022** on occasion of **International Day of Persons with Disabilities**. The camp was initiated by a warm welcome given by the children and faculty of blind school followed by an introductory speech by Avhad ma'am (health worker). Then **Dr. Pradnya Dumore**, Assistant Professor, Department of Community Physiotherapy spoke motivational words to boost the spirit of children. She also explained about the importance of physiotherapy exercises. After which a vote of thanks was delivered by **Dr. Aditi Khot**, Assistant Professor, Department of Community Physiotherapy which was followed by distribution of snacks to the children. After which screening of the patients was done by Dr. Aditi Khot, Dr. Pradnya Dumore

along with PG I, PG II and final year students. There were a total of 65 students that were assessed during the camp. The students were divided into groups who were assigned different parts of assessment. The students were also taught about the importance of physiotherapy exercises during the camp by post graduates and Final years and simultaneously the patients performed the exercises with us.

The camp was conducted under guidance of Dr. Deepali Hande, HOD, Department of community Physiotherapy and Principal Dr. Rakesh Kumar Sinha, helped enormously for the smooth conduction of camp.

### **SWOC Analysis:**

#### *Strength:*

- Differently abled students actively participated in the program and gave a good response to the same.
- Participants were willing to join such activities in future.
- Availability of Patients and infrastructure

#### *Weakness:*

- Students of Dr. A.P.J. AKCOPT were having difficulties in communicating with differently abled students (Deaf and blind).

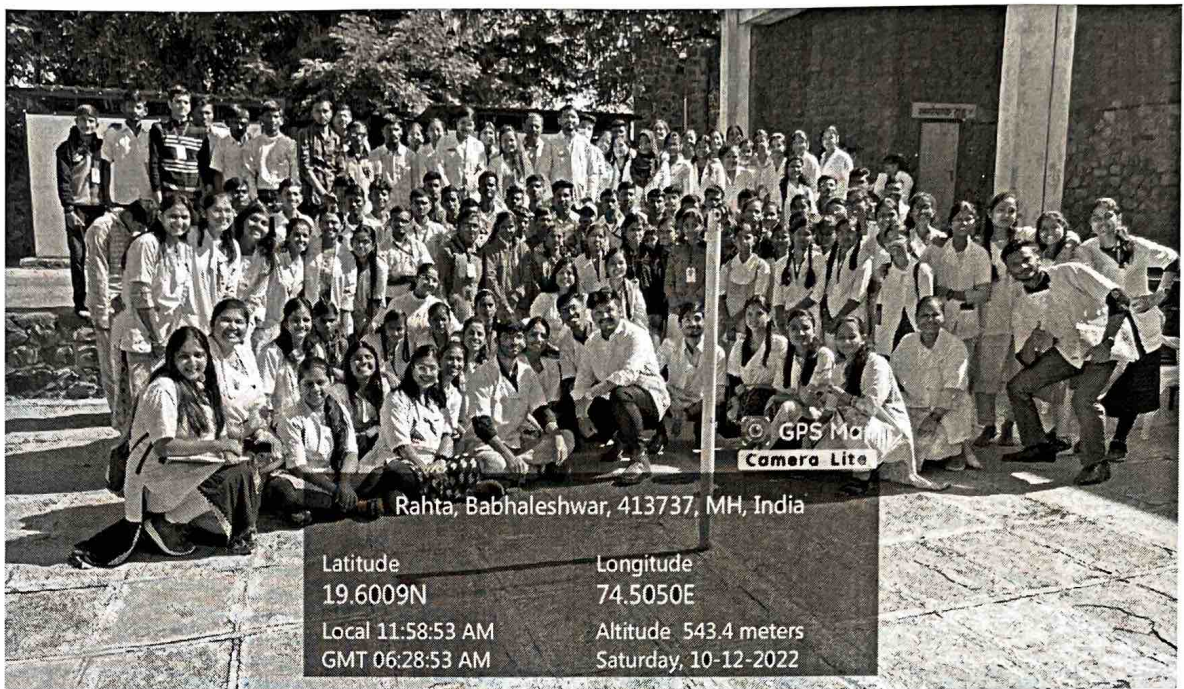
#### *Opportunities:*

- It may develop as a best institutional practice for the welfare of the patient.
- Can create an educational module

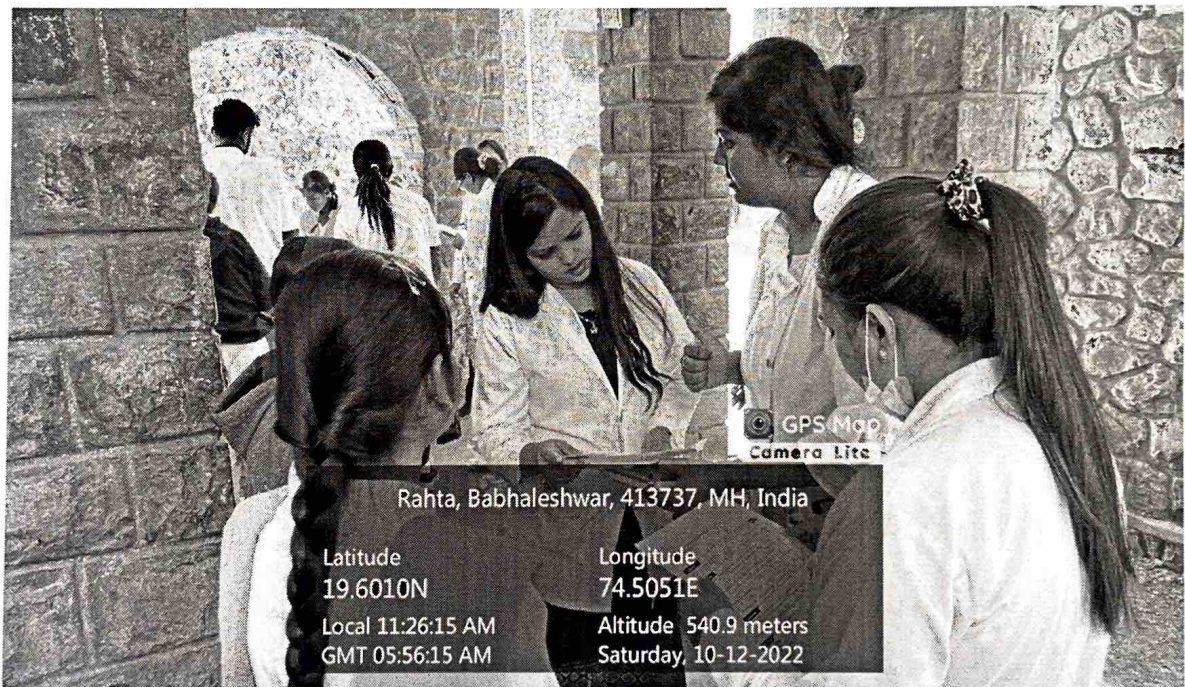
#### *Challenges:*

- Making the participants who were conscious to actively participate in the program
- To challenge exercise adherence.

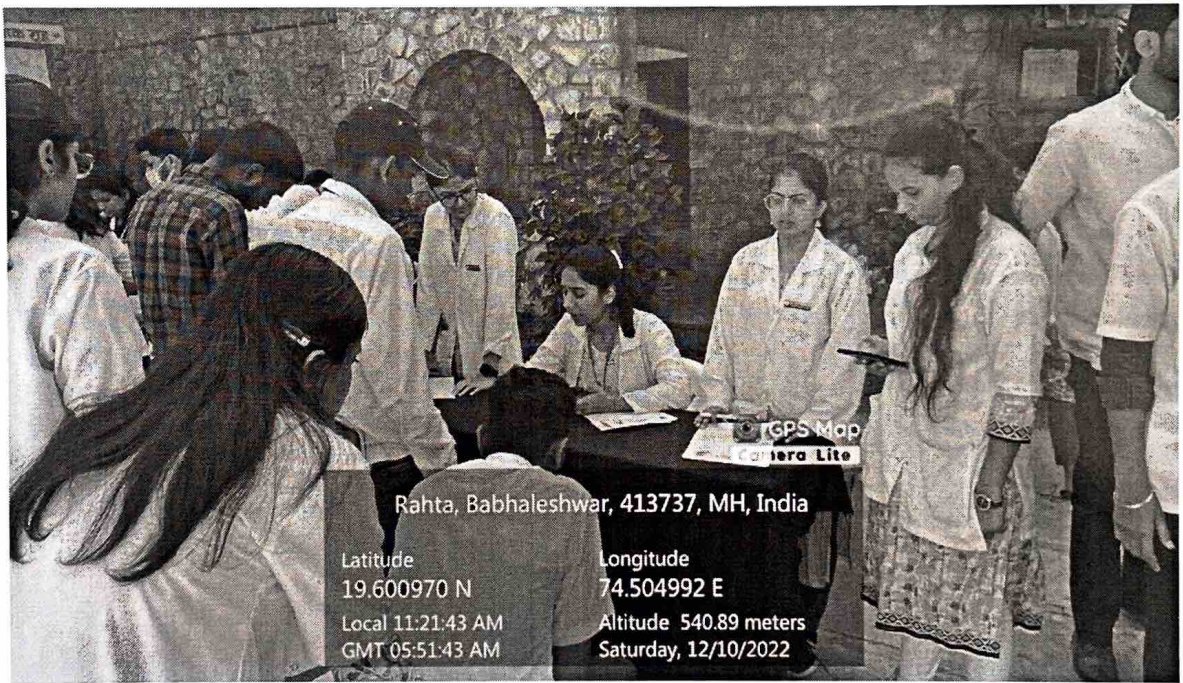
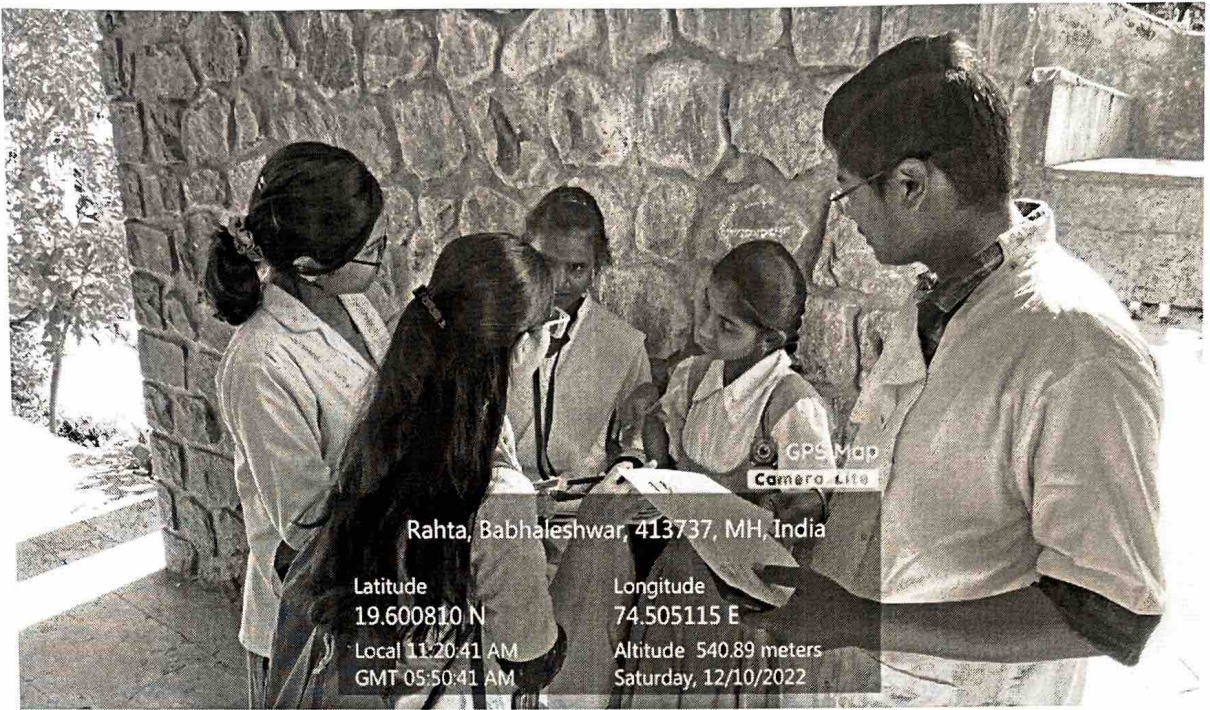




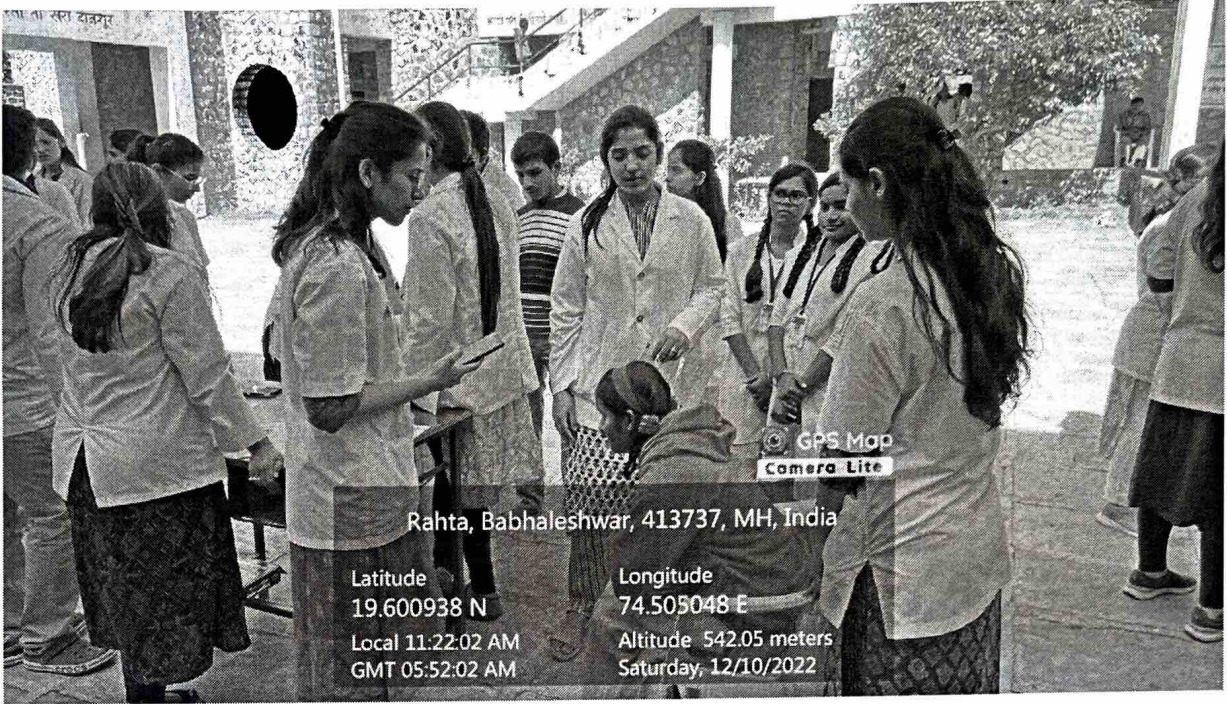
**Students of Dr. A.P.J. AK COPT with Differently abled students**











*for*  
**HOD**  
**Department of Community**  
**Physiotherapy**



*J*  
**PRINCIPAL**  
**Dr. A.P.J. AK COPT**  
**PIMS DU**  
**PRINCIPAL**  
Dr. A.P.J. Abdul Kalam College of Physiotherapy  
Pravara Institute of Medical Sciences (DU),  
Lon- 413 736, M. S. India

# Pravara Institute of Medical Sciences (Deemed to be University)

University Established under section (3) of UGC Act  
NAAC Re-accredited with 'A' Grade (CGPA 3.17)

LONI - 413736, (Near Shirdi) Tal.Rahata,  
Dist. Ahmednagar (Maharashtra) India

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E-mail : contact@pmtpims.org

Homepage : http://www.pravara.com



- RURAL MEDICAL COLLEGE
- RURAL DENTAL COLLEGE
- DR. APJ ABDUL KALAM COLLEGE OF PHYSIOTHERAPY
- COLLEGE OF NURSING
- CENTRE FOR BIO-TECHNOLOGY
- CENTRE FOR SOCIAL MEDICINE
- PRAVARA RURAL HOSPITAL

Ref. No. 631

Date :  
Date: 29/11/2022

To  
Principal  
Padmashri Dr. Vitthalrao Eknathrao Vikhe Patil Secondary &  
Higher Secondary School & Jr. College,  
Babhaleshwar.

**Subject:** Regarding visit to your school (Blind Unit)

Respected Sir,

International Day of Person with Disabilities is observed on **3<sup>rd</sup> Dec 2022**.  
To commemorate the same several activities are organized by the Department of  
Community Physiotherapy, Dr. APJAKCOPT. As a part of these activities, we wish  
to organize a visit by the faculty and students of Dr. APJAKCOPT to your  
esteemed school on 10<sup>th</sup> Dec 2022, to perform disability assessment of students and  
observe their functional capacities.

Therefore we humbly request you to grant us the permission for the same.

Professor & HOD  
Dept. Community Physiotherapy  
PIMS,(DU) Loni

Principal  
Dr. APJAKCOPT  
PIMS,(DU) Loni

Received  
30/11/22

Padmashri Dr. V. E. V. Patil  
Jr. College, A. P. B. Babhaleshwar,  
Rahata, Dist. Ahmednagar





**PRAVARA INSTITUTE OF MEDICAL SCIENCES  
(Deemed to be University)**

**Dr. A.P.J. Abdul Kalam College of Physiotherapy**

Loni Bk. Tal. Rahata, Dist. Ahmednagar (MS) India

**Department of Community  
Physiotherapy**

**Organizes**

**Community Based Rehabilitation in  
Blind School**

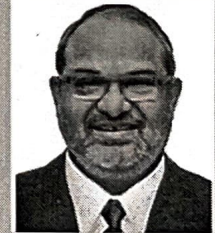
On The occasion of

**INTERNATIONAL DAY OF  
PERSONS WITH DISABILITIES  
2022**



Dr. Rajendra Vikhe Patil  
Hon'ble Chancellor  
PIMS – DU

• Date: 10.12.2022  
• Time: 10:00 AM Onwards



Dr. V. N. Magare  
Hon'ble Vice Chancellor  
PIMS – DU

**Venue: Padmashree Dr. Vitthalrao Vikhe Patil Vidyalay –  
Blind Unit, Babhaleshwar**

**Co ordinators:**

**Dr. Rakesh Sinha, Principal, Dr. A.P.J. AK COPT, PIMS-DU**

**Dr. Deepali Hande, HoD, Department of Community Physiotherapy**



**REPORT ON**  
**PERSONALITY & PROFESSIONAL DEVELOPMENT**  
**PROGRAMME REPORT**

<b>1. Title of the Activity</b>	Workshop on “Cortico Basal Implant and Zygomatic Implant
<b>2. Venue</b>	Dept. of Oral & Maxillofacial Surgery, Rural Dental College, Loni, Pravara Institute of Medical Sciences (DU)
<b>3. Date (s) and Timings</b>	20 <sup>th</sup> July 2023 9.30 am onwards
<b>4. Name and details of Organizers involved</b>	Rural Dental College, Loni
<b>5. No. of attendants</b>	23
<b>6. Objectives</b>	The objective of an event is to sensitize the students about various applications, advantages & disadvantages of Basal Implant and Zygomatic Implant .
<b>7. Detailed workshop report</b>	Attached





## Workshop on “Cortico Basal Implant and Zygomatic Implant

On the occasion of “26<sup>th</sup> MIDCOMS & 12<sup>th</sup> PG convention of AOMSI” (20<sup>th</sup> July 2023 ) Department of Oral & Maxillofacial Surgery conducted a Employability Skill development Programme.

### Theme of program-

On this day Dept of Oral and Maxillofacial Surgery conducted a workshop on “Cortico Basal Implant and Zygomatic Implant. The highlights of the workshop were to explain the concept of No teeth to Teeth in 72 hr with a flapless approach. The attraction of this program was live surgical Patient demonstration.”

### Resource person:

Dr. Laxman Malkunje, Dr.Vinayak More, Dr. Amjad Shaikh, Dr .Vijaykumar Girhe, Dr.Datta Bhajibhakre

The session was moderated by Dr Shivani Sachdeva.

### Schedule of Workshop

Day 1	
09.30 am -10.00 am	Inaugural programmme
10.00 am -01.30 pm	Case discussion and live Demonstration of plcement of Basal Implant followed by impression making
01.30 pm -2.00 pm	Break time
2.00 pm -4.00 pm	Case discussion and live demonstration of placement of Zygomatic Implant
4.00 pm - 4.30 pm	Doubt Clearing Seccesion
4.30 pm - 5.00 pm	Acknowledgement
Day 2	
9:00 pm -10:00 pm	Denture delivery



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26<sup>th</sup> Midterm Conference  
&  
12<sup>th</sup> PG Convention of AOMSI

26<sup>th</sup>  
MIDCOMS

MAXFAX 360°

PRE CONFERENCE WORKSHOP  
**Cortico Basal Implantology**

Date : 20<sup>th</sup> July, 2023

Time : 9:00am to 5:00pm

Venue : Department of Implantology, Rural Dental  
College, Loni

Scan to Register



Fees - INR 2000/-

**Highlights:**

- No teeth to teeth within 72 hrs
- Live Surgical Case Demo
- 1:1 interaction
- Comprehensive Lecture
- Flapless implant placements



Dr. Laxman Malkunje  
Faculty



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Loni, Maharashtra, India  
Rural Dental College Pravara Institute of Medical Sciences  
Lat 19.578658°  
Long 74.454944°  
20/07/23 12:55 PM GMT +05:30



Loni, Maharashtra, India  
Rural Dental College Pravara Institute of Medical Sciences  
Lat 19.578658°  
Long 74.454944°  
20/07/23 04:15 PM GMT +05:30






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**List of participants:**

Sr. No.	Name of Participants
1.	Dr.Anjali Pandit
2.	Dr.Pranjali Jagtap
3.	Dr.Shweta Vikhe
4.	Dr.Shubham Parmar
5.	Dr.Lavesh Chopada
6.	Dr.Abhidnya Shetty
7.	Dr.Nikhil
8.	Dr.Amruta
9.	Dr.Niharika
10.	Dr.Shivani Bhosale
11.	Dr.Aishwarya Deshmukh
12.	Dr.Jidnyasa Mali
13.	Dr.Amruta Tambare
14.	Dr.Rupal Sarode
15.	Dr.Shrusti Walkikar
16.	Dr.Rohit Galale
17.	Dr.Ashi Gagawat
18.	Dr.Sagar Ghadmode
19.	Dr.Susmi Joseph
20.	Dr.Abhiraj
21.	Dr.C Bhutia
22.	Dr.Nitin Kumar
23.	Dr.Anushaka



  
Registrar  
Pravara Institute of Medical Sciences  
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Dist. Ahmednagar (M.S. India)



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**Department of Anatomy**

Loni-413 736, Tal Rahata, Dist. Ahmednagar, Maharashtra (MS), INDIA



## PROGRAMME REPORT

### Guidance for Competitive Examination For UG Students

1. Title of the Activity (Programme/Workshop/Seminar/ Symposia/FDP/PDP etc)	<b>"Target-oriented Study Method: Preparation for Professional Examination."</b>
2. Venue	Red Hall
3. Date(s) and Timings	<b>Date 12/1/2023</b> 11 am onwards
4. Name and details of Organizers involved	<b>Dr Sandeep V Pakhale</b> Professor and Head, Department of Anatomy
5. Organized in collaboration with (institution/organization/Departments)	IQAC, PIMSDU
6. Nature* and No. of attendance	<b>200 First MBBS Students 2022-23 Batch</b>
7. Participation of attendants	First MBBS Students Observation and Few Participation
<b>8. Objectives</b>	
The objectives of the program "Target-oriented Study Method: Preparation for Professional Examination" for UG MBBS Students are: <ol style="list-style-type: none"><li><b>Enhance Exam Readiness:</b> Equip students with effective study techniques and strategies to maximize their preparedness for professional examinations.</li><li><b>Improve Retention and Recall:</b> Teach methods to enhance memory retention and efficient recall of medical knowledge and concepts.</li><li><b>Foster Time Management:</b> Develop time management skills to help students allocate their study time effectively and reduce exam-related stress.</li><li><b>Promote Active Learning:</b> Encourage active engagement with course materials through problem-solving, critical thinking, and self-assessment.</li><li><b>Enhance Test-Taking Skills:</b> Provide guidance on exam-specific strategies, such as question analysis, time allocation, and managing test anxiety.</li><li><b>Support Self-Assessment:</b> Assist students in assessing their own progress, identifying weak areas, and adjusting their study plans accordingly.</li><li><b>Facilitate Peer Learning:</b> Promote collaborative learning through peer discussions, group study, and knowledge sharing.</li><li><b>Ensure Comprehensive Review:</b> Ensure that students cover all relevant topics and subjects required for success in professional examinations.</li><li><b>Boost Confidence:</b> Build students' confidence in their ability to excel in their professional exams.</li><li><b>Prepare for Real Exam Conditions:</b> Provide practice exams and mock assessments to familiarize students with the format and pressure of the actual professional examinations.</li></ol>	





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9. (a) Detailed report with results/outcomes as per objectives achieved or not
- 9 (b) Details of Training sessions
- 9 (c) Major conclusions of the Session
- 9 (d) Feedback

**Results/Outcomes as per Objectives Achieved or Not:** The program successfully achieved its objectives:

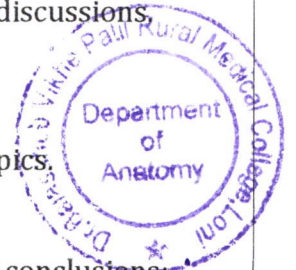
- Enhanced exam readiness, evidenced by improved practice exam scores.
- Improved retention and recall abilities among students, leading to better comprehension and application of medical concepts.
- Students demonstrated improved time management skills, reducing exam-related stress.
- Active learning strategies were embraced, resulting in increased participation and engagement during study sessions.
- Test-taking skills, including question analysis and time allocation, were noticeably improved.
- Self-assessment practices became more effective, with students proactively identifying and addressing their weaknesses.
- Peer learning flourished, fostering a collaborative learning environment.
- Comprehensive review of all relevant topics was ensured through structured study plans.
- Students reported significantly boosted confidence levels.
- Mock exams and assessments helped students become better acquainted with real exam conditions.

**Details of Training Sessions:** The training sessions were structured around a combination of lectures, interactive workshops, and group study activities. The key components included:

- Study techniques tailored to medical curriculum demands.
- Memory retention strategies and mnemonic devices.
- Time management workshops with practical applications.
- Active learning exercises, including problem-solving and case-based discussions.
- Test-taking strategy sessions with practice questions.
- Self-assessment tools and guidance on personal study plans.
- Group study sessions and peer teaching.
- Comprehensive curriculum review and identification of high-yield topics.
- Confidence-building exercises and motivational talks.
- Mock exams under timed conditions.

**Major Conclusions of the Session:** The program yielded several significant conclusions:

- Students showed substantial improvements in their exam performance and confidence levels.
- Time management skills positively impacted students' ability to balance study and personal life.
- Active learning strategies fostered critical thinking and better knowledge retention.
- Peer learning and group study sessions enhanced collaboration among students.
- Self-assessment tools allowed students to track their progress effectively.
- Mock exams prepared students to handle exam conditions with confidence.
- Overall, the program contributed to a more effective and targeted approach to





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professional exam preparation.

**Feedback:** Student feedback was overwhelmingly positive:

- Many students reported improved scores in their practice exams.
- They found the time management techniques invaluable in reducing stress.
- Active learning sessions were engaging and improved their grasp of difficult concepts.
- Peer learning was a highlight, with students valuing the insights of their peers.
- Self-assessment tools helped them identify their strengths and weaknesses.
- Mock exams were considered a crucial element in their overall exam preparation.
- Students expressed increased confidence and a sense of preparedness for their professional exams.

In conclusion, the "Target-oriented Study Method: Preparation for Professional Examination" program effectively met its objectives, providing students with the skills and confidence needed to succeed in their medical exams. Students reported significant improvements in their exam readiness, study habits, and overall performance.

Website and Social Media Coverage

- Type

- Date(s)

Coverage on Social Media that is What's App and Notice Board

12 January 2023

**Name of the Organizing Secretary/Convener-  
(With Signature and Stamp)**

**Date: 1<sup>st</sup> February 2023**

**Place: Loni**



*[Signature]*  
**Dr. Sandeep V. Pakhale**  
Professor & Head  
Department of Anatomy  
Dr. B. V. P. Rural Medical College, Loni





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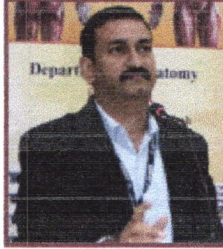
## 1) Appendix-1: Brochure




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**UNIVERSITY**  
DR BALASAHEB VIKHE PATIL RURAL MEDICAL COLLEGE, LONI  
**DEPARTMENT OF ANATOMY**



**"GUEST LECTURE"**  
**"Target-oriented Study Method : Preparation for Professional Examination."**



**Dr. Yogesh A Sontakke**  
MBBS, MD (Anatomy)  
Additional Professor  
Department of Anatomy, Academic Centre,  
Jawahar Institute of Postgraduate Medical Education & Research (JIPMER),  
An Institution of National Importance under the Ministry of Health & Family Welfare, Govt. of India  
Dhanvantri Nagar, Puduchery 605 006



Organised by  
Department of Anatomy  
DR BALASAHEB VIKHE PATIL RURAL MEDICAL COLLEGE, LONI

DATE: 12<sup>TH</sup> JANUARY 2023VENUE: RED HALLTIME: 11 AM







**Pravara Institute of Medical Sciences** (Deemed to be University)

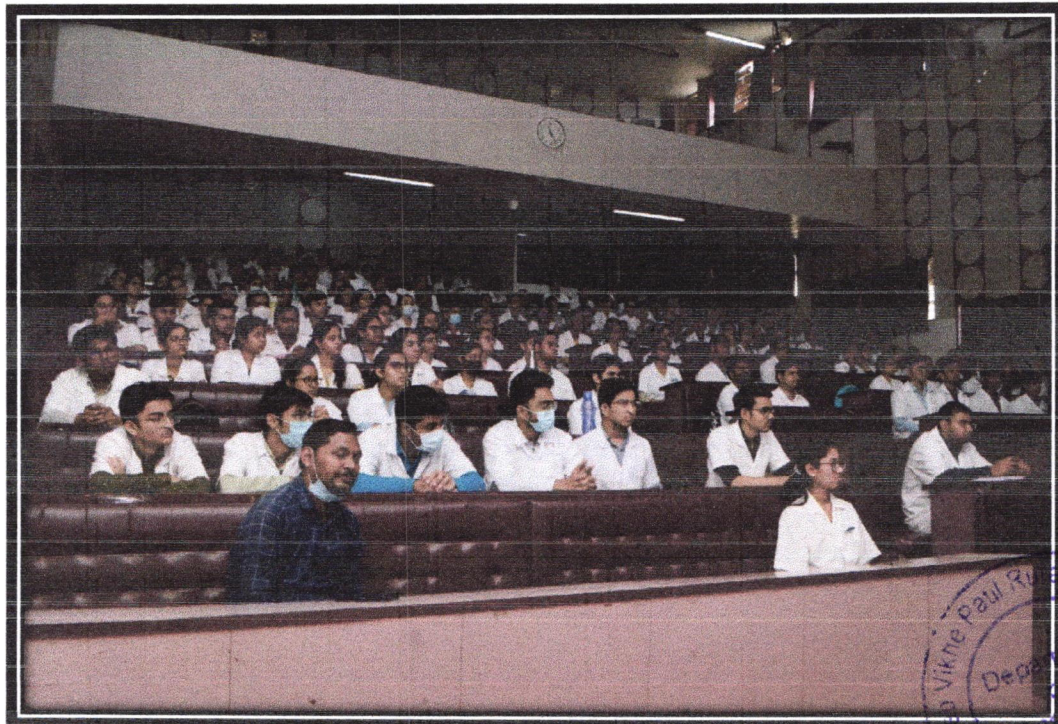
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**2) Appendix 2: Photographs**







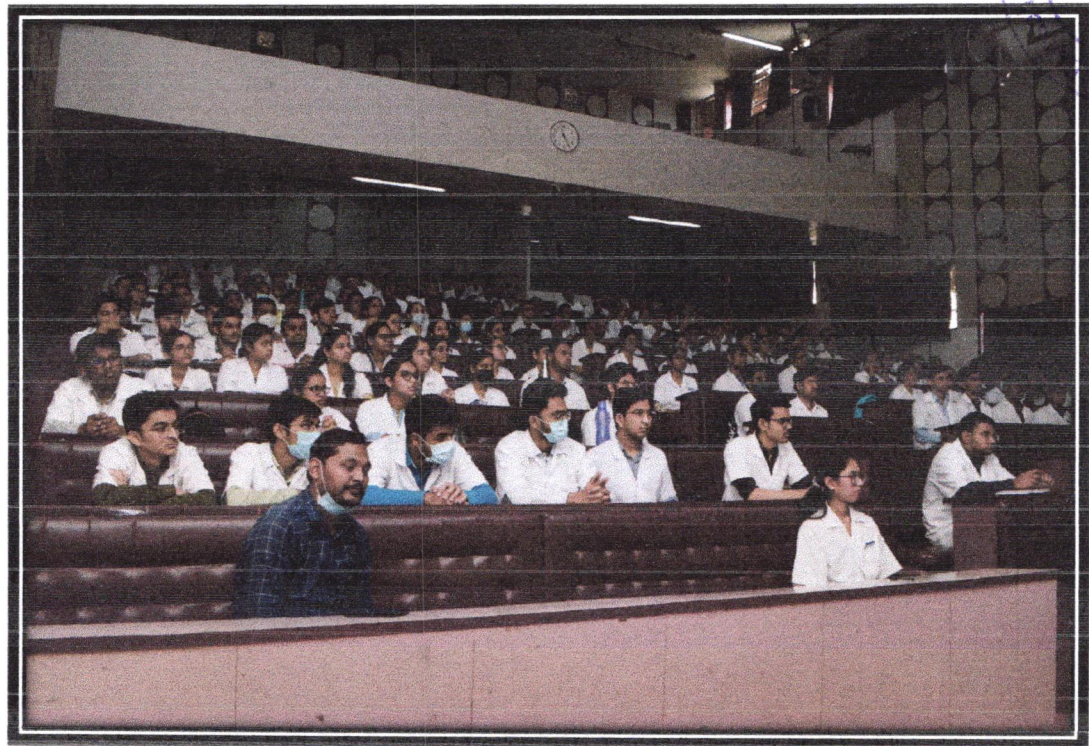
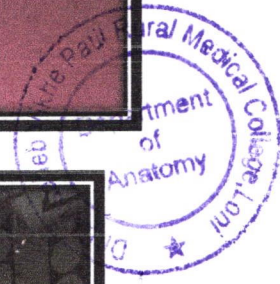
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### 3) Appendix-3: Final attendance list duly certified by Organizer's

#### SPEAKERS ATTENDANCE LIST

Name	Title/position	Organization/Institute
Dr Yogesh Sontakke	Head of Department	JIPMER, Puducherry
Dr Sandeep Pakhale	Professor & Head	Department of Anatomy DBVPRMC, PIMSDU, Loni
Dr Mohini Joshi	Professor	
Dr Rajeev Desai	Professor	
Dr Sarika Kate	Associate Professor	
Dr Arun Chepte	Associate Professor	

#### PARTICIPANTS ATTENDANCE LIST (format)

Roll No	Student Name
1	Abhigya Rathi
2	Adalkar Siddhi Gangadhar
3	Adwiteeya Bhatti
4	Ambadkar Esha Sanjay
5	Amol Faiz Ahmed Sajid
6	Anjekar Aayushi Pravin
7	Ansari Mohammed Afwan Shahzad Ahmed
8	Arkeri Sakshi Sidheshwar
9	Arpita Satish Shukla
10	Avishi Sharma
11	Ayda Arifali Sayed
12	Bagade Aditya Jayraj
13	Bakshi Arya Mangesh
14	Bembare Aniket Balaji
15	Bhalme Amey Bhupesh
16	Bhute Rohit Dhanraj
17	Bidwe Ajinkya Kishor
18	Bundele Aditya Sachin
19	Chalak Aditya Arun
20	Chalak Shreya Sanjay
21	Chandak Aachal Gajanan





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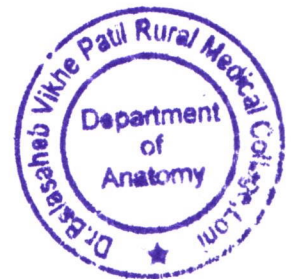
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**Department of Anatomy**

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Roll No	Student Name
22	Charkha Riddhi Avinash
23	Chaudhari Aditi Janardhan
24	Chaudhari Harshvardhan Chandrashckhar
25	Chaudhari Khushbu Dilip
26	Choure Aboli Jaywant.
27	Dake Ashwamedh Ajaysingh
28	Dalvi Rutuja Sanjay
29	Dargude Rutuja Nilesh
30	Dawkar Gauri Ganeshrao
31	Deepak Kumar Choudhary
32	Desai Shreeya Abhijit
33	Deshmukh Purvjeet Pavankumar
34	Devesh Pavan Sureka
35	Dhakne Swapnil Subhash
36	Dhanwat Chinmayee Vijay
37	Dhoot Brijesh Satishkumar
38	Doke Sushant Shamsundar
39	Dongare Sakshi Sunil
40	Doshi Ansh Sachin
41	Durge Ritesh Prakash
42	Gadge Ayush Gajanan
43	Gaikwad Varadraj Vivek
44	Gangwal Purva Sandesh
45	Garode Gauri Sanjay
46	Gautami Jagdish Pathade
47	Ghawate Viraj Dattatray
48	Girme Apeksha
49	Gonde Patil Anushka Krishna
50	Gore Shreetej Devdatta
51	Gujar Shrutika Satish
52	Gupta Varunkumar Vikaskumar
53	Hadawale Mayur Pandurang
54	Hagawane Sanskruti Rajaram
55	Hiteshasva Gupta





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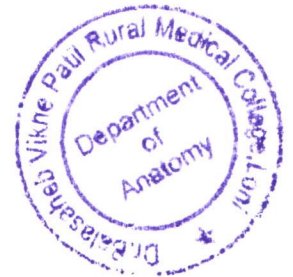
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Roll No	Student Name
56	Hridaya Jain
57	Hurpade Gauri Ravikant
58	Ingole Shrushti Krushnakant
59	Isame Maitreyi Nandkumar
60	Ishika Bandyopadhyay
61	Jaanwi D/O Phani Bhushan Sahay
62	Jadhav Shivendra Rajendra
63	Jagadale Arya Ramesh
64	Jaiswal Chahal Rajesh
65	Janhavi Mahesh Debadwar
66	Jawanjal Viraj Arun
67	Johan Sharma
68	Jumde Atharva Sharad
69	Kadale Rajshahu Pravin
70	Kanika Jain
71	Kapadia Jenika Rasesh
72	Kapase Aryan Pramod
73	Kasar Shreyash Kailas
74	Kate Aditi Vijaykumar
75	Kathare Pranali Ravindra
76	Kawade Prithviraj Ravindra
77	Kendre Vishwajeet Shatraghun
78	Khadake Gayatri Pratap
79	Kharde Jiya Jalinder
80	Kirtishree S Gude
81	Kokaje Saket Sameer
82	Kokate Digvijay Chandrakant
83	Kore Kiran Rajkumar
84	Korpe Mukta Yogesh
85	Kotnal Sana Chinagibadshah
86	Kshirsagar Sanika Rajesh
87	Kunal Parmanand Chute
88	Laddhad Gauri Ravindra
89	Lakde Rajani Hanmant







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Roll No	Student Name
90	Lawande Dnyanda Shahaji
91	Lodha Harshada Gautam
92	Mahanvar Aaryan Sagar
93	Mahorkar Siddhant Ganesh
94	Malani Sanskar Sandeep
95	Malik Mohd Hamid Raza Rahbar
96	Mane Yashshree Dilip
97	Mangade Shruti Sandeep
98	Mantri Siddhi Sachin
99	Mashalkar Sai Basvaraj
100	Mehendale Abhay Nirranjan
101	Mehta Rahil Ashit
102	Mehta Rohan Maheshkumar
103	Modi Nittyta Mahavir
104	Mohammed Amaan Irshad
105	Mohite Disha Vijay
106	More Vaishnavi Hanumant
107	Motghare Tanushree Kishor
108	Mukta Yawalikar
109	Munde Samruddhi Ramrao
110	Munde Suraj Ankush
111	N Lok Avvinaash
112	Nagtilak Aryan Amol
113	Naik Amit Ashok
114	Nair Arya Biju
115	Nanaware Kanhaiyya Balasaheb
116	Narhare Vaishnavi Madhav
117	Nitesh Dubey
118	Nyati Netal Atul
119	Ostwal Harshal Virendra
120	Padhye Ketki Rajesh
121	Palekar Yash Satish
122	Parkhe Sanika Vilas
123	Parmar Neel Ashish





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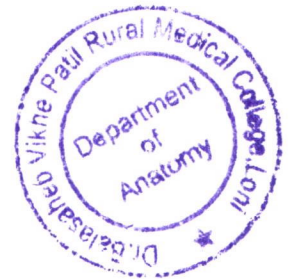
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Roll No	Student Name
124	Patel Devansh Rajesh
125	Patil Aditi Ravindra
126	Patil Divya Kantilal
127	Patil Shruti Pandit
128	Patil Vidula Dnyaeshwar
129	Pawar Kimaya Salil
130	Pawar Shravani Vijay
131	Pawase Omkar Anil
132	Pratik Kumar
133	Pratyancha Amol Hase
134	Rajat Mishra
135	Rajdeo Vedika Rajesh
136	Raje Shantanu Rajendra
137	Rajput Rajveer Dinesh
138	Rajurkar Rohan Sachin
139	Ramani Krupa Anilkumar
140	Rathi Krushana Kailash
141	Rathod Yuvrajsing Babusing
142	Rathodkar Sharayu Arun
143	Rautwar Snehal Sahebrao
144	Rigved Rajendra Dhuwadhapar
145	Rithe Aditi Harshad
146	Rode Rutuja Kashinath
147	Rodge Pratik Sunil
148	Rohankar Anushka Prabhakar
149	Rohit Dipak Nirwan
150	Roma Mishra
151	Rucha Shinde
152	Sankpal Shreeja Hemantkumar
153	Sanskruiti Katariya
154	Sarda Hardik Manish
155	Sarnaik Rishikesh Rajebhau
156	Satyajeet Bagal
157	Sawant Varun Rajendra





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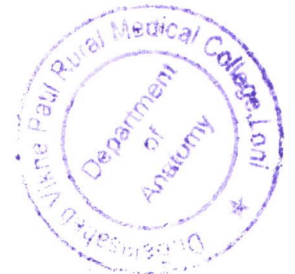
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Roll No	Student Name
158	Shah Aayushi Abhijit
159	Shaikh Risha Sameer
160	Sharma Manish Shankar
161	Sharmishtha Ingole
162	Shashikesh Singh
163	Shinde Abhishek Kamlakar
164	Shinde Gautam Kiran
165	Shinde Kunal Kailash
166	Shinde Suhani Santosh
167	Shirsat Saurabh Rajendra
168	Shreyansh Singh
169	Shrimali Tanishq Rajkumar
170	Shweta Singh D/O- Yogesh Kumar Singh
171	Siddhesh Naresh Zilpe
172	Siddhi Ajay Bhamare
173	Solpure Namdev Shivling
174	Somani Atharva Dhiraj
175	Surbhit Mittal
176	Suryawanshi Shradha Balaji
177	Swastika Aayushi
178	Sweta Singh
179	Tanmay Dileep Sardesai
180	Tannu Priya
181	Tapi Maithili Sudhir
182	Taur Shweta Sudhakarrrao
183	Tejas Mahendra Yeole
184	Thakare Prasad Bhagwat
185	Thete Aryan Mangesh
186	Thorat Vivek Vilas
187	Thube Samarth Dilip
188	Tilekar Ishwari Sagar
189	Tuteja Simranjeetkaur Gurmeetsingh
190	Umbarkar Anuja Dinkar
191	Vaidya Jui Rahul







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Roll No	Student Name
192	Vaishnavi Pramod Popale
193	Vanshita Kumar
194	Veer Ajinkya Prashant
195	Vishal Kumar
196	Waghmare Shivam Shyam
197	Wankhede Aditya Shyam
198	Waykar Siddhi Jaysingh
199	Yadav Ajay Pannalal
200	Yash Sharma

\*\*\*\*\*

