

**Pravara Institute of Medical Sciences
(Deemed University)**

Loni Bk - 413 736, Tal. Rahata, Dist. Ahamadanagar (M.S.)

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**Syllabus
Diploma in Orthopaedics**

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Pravara Institute of Medical Sciences Deemed University

Loni Bk. 413 736, Tal. Rahata. Dist. Ahmednagar (M.S.)

DEPARTMENT OF ORTHOPAEDICS

POST - GRADUATE DIPLOMA IN ORTHOPAEDICS COURSE.

PRESENTATION OF SYLLABUS.

TEACHING HOURS:- CONTINUOUS 2YRS (4 TERMS) RESIDENCY COURSE.

GOALS:-

- I) To train the student to become competent community oriented surgeon.
- II) To stimulate to persue advanced studies & research

OBJECTIVES :-

1. To train a ethically sound and competent,community oriented specialty doctor.
2. He should be able to deal with commonly occurring surgical health problems of the society.
3. He should be able to understand his academic limitations in dealing with certain clinical problems. he should be able to refer such patients to proper centers promptly.
4. He should become a productive member of the society.
5. He should be able to carry out health projects designed for the benefit of society with commitment.

P. G. SYLLABUS (THEORY):

Syllabus:- Theory lectures, seminars, journal reading & discussion are carried out according to the time table.

Every week, Residents will have to prepare clinical cases for discussion. Residents are required to prepare cases & research paper to be presented at local, state, national and international level conferences and for publications. Students has to complete a dissertation under the guidance of his guide. He must also keep the log-book of duties/ training. It will be checked and signed periodically. Unsatisfactory work may cause him/her to repeat the term.

Broad out line of Syllabus is given below:-

MODULE I :- BASIC SCIENCES IN GENERAL SURGEY & GENERAL MEDICINE RELATED TO ORTHOPAEDICS

1. Relevent applied embryology, anatomy, Physiology biochemistry, Pathology
Microbiology, Pharmacology, surgery & medicine.
2. Development of bone , cartilage , muscle collagen tissue & nerve
3. Physiology of bone , cartilage , muscle collagen tissue & nerve
4. surgical pathology related to bone , cartilage . muscle , collagen & nerve tissue ,
infections , tomourous conditions.
5. metabolic affections
6. General surgery related to orthopaedics.
7. Medicine related to orthopaedics.
8. Degenerative conditions

MODULE II:- INJURIES OF BONES & JOINTS

MODULE III :- DISEASES OF BONES & JOINTS & RECENT ADVANCES IN ORTHOPAEDICS

Congenital , Metabolic, degenerative, neoplastic & related orthopaedics

* THIS IS JUST A BROAD OUTLINE * the entire orthopaedics with traumatology has to be covered during the course.

THEORY - SEMINARS (List attached)

PRACTICALS - Active participation in comprehensive patients care, record keeping, communication, case presentation seminars, reseach activity, CME, conferences

POST – GRADUATE TEACHING PROGRAMME

The teaching of post graduates is carried out in dept. under following prog. as such it is a continuous process of teaching during opd , rounds, operations, & postoperative rounds.

A. SEMINARS :- Every Monday & Thursday 3 pm to 5 pm

1. Congenital talipus equinus varus (CTEV)
2. Hip dysplasia
3. Congenital vertical talus
4. Anatomy of foot & flat foot deformity
5. Congenital malformation of tibia
6. Osteocondritis

7. Perthe's hip
8. Slipped capital femoral epiphysis
9. Calcium metabolism & rickets.
10. Bone healing
11. Renal disorders producing osteodystrophy
12. Osteoporosis
13. Congenital malformation of lower lumbar vertebrae
14. Acute & chronic disc prolapse
15. Congenital scoliosis
16. Congenital malformation of spine
17. Fractures of the spine
18. Degenerative affections of spine
19. Tuberculosis of spine
20. Tumours of vertebrae
21. Imaging techniques in orthopaedics.
22. Bone tumours
23. Fracture neck femur
24. Fracture pelvis
25. Cerebral palsy
26. Post polio residual paralysis – upper limb
27. Post polio residual paralysis – lower limb.
28. Orthotics in orthopaedics
29. Rotator cuff & its injuries.
30. Recurrent dislocation of shoulder
31. Congenital dislocation of patella.
32. Fracture patella.
33. Osteochondral fractures.
34. Tuberculosis of hip
35. Tuberculosis of knee
36. Tuberculosis of shoulder.
37. Monteggia fracture dislocation
38. Fracture lower 3rd radius
39. Supracondylar fracture
40. Fracture clavicle.
41. Acromioclavicular disruption.
42. Recurrent dislocation of patella
43. Metastasis in bone
44. Brachial plexus anatomy & injuries
45. Carpal instability patterns & their management
46. Anatomy of extensor expansion & management of 2nd metacarpophalangeal dislocation
47. Rheumatoid arthritisSSSSS
48. Avascular necrosis
49. Osteoarthritis of hip
50. Osteoarthritis of knee
51. Osteoarthritis of ankle
52. Kyphoscoliosis
53. Anatomy of quadriceps expansion
54. Internal derangement of knee joint
55. Arthroscopy – indications & details in brief

56. Osteotomies around hip – types , indications & biomechanics.
57. Arthroplasty of hip – indications , biomechanics & recent advances
58. Arthroplasty of knee – indications , biomechanics & recent advances
59. Surface arthroplasty & its future
60. Instrumentation in spinal surgery
61. Indications , types of amputations
62. Management of polytrauma
63. Adult respiratory distress syndrome
64. Olegemic shock
65. Non union of long bones & its management
66. Immunocompromised diseases in orthopaedics
67. Supracondylar fracture humerus
68. Proximal humoral fracture
69. Proximal femoral fracture
70. Proximal tibial fracture
71. Osteomyelitis
72. Traumatic hip dislocation
73. Bennett's fracture dislocation
74. Chest injuries
75. Blunt abdominal trauma.
76. Diabetes in orthopaedics
77. Chemotherapy in malignant bone tumours
78. Role of antibiotics in orthopaedic surgery
79. Whiplash injury of cervical spine.
80. Scalanus ant. syndrome.
81. Anatomy of tendo achilles , treatment of rupture of tendoachilles
82. Anatomy of hip & different surgical approaches to hip
83. Anatomy of shoulder & different surgical approaches to shoulder.
84. Anatomy & function of menisci & treatment of meniscal injuries
85. Biomechanics , indications & methodology of internal fixation of bones
86. Shoulder arthroplasty & its future
87. Elbow arthroplasty & its future
88. Peripheral nerve injuries – radial , ulnar nerve
89. Management of henners claw hand
90. Skin flaps
91. Traction & plaster techniques & splints
92. Frozen shoulder

D. JOURNAL CLUB :- every Wednesday 3 to 5 pm.

Articles from journals available pertaining to burning topics.

E. CLINICAL MEETING :- twice in a week , 3 pm to 5pm
clinical cases are discussed by post graduate students with teachers.

F. C.M.E CONDUCTED BY DEPT.:-

G. GUEST LECTURE CONDUCTED BY DEPT :-
Guest lectures are invited to talk on different orthopaedic problems , & post graduate student interact with them.

**** EXAMINATION PATTERN ****

Theory :- 300 Marks (3 Papers.)

- I. BASIC SCIENCES RELATED TO ORTHOPAEDICS**
- II. INJURIES OF BONES & JOINTS**
- III. DISEASES OF BONES & JOINTS & RECENT ADVANCES IN ORTHOPAEDICS**

PATTERN AND MARKS DISTRIBUTION :- 3 PAPERS

Q. 1 -	Full question	20 Marks
Q. 2 -	Full question	20 Marks
Q. 3 -	Full question	20 Marks
Q. 4 -	Notes	40 Marks (4 x 10 marks)

PRACTICAL EXAMINATION:- 300 Marks

Long case	75 Marks
Short case(1)	50 Marks
Short case(2)	50 Marks
Ward round examination	25 Marks

Tables :-

a. Anatomy - Hard parts.	25 Marks
b. Pathology-	25 Marks
c. X-ray & Investigations	25 Marks
d. Instrument & Operation	25 Marks

300 Marks

*** Dissertation will have grades.**

*** Log book is mandatory. Reviewed every Six Months.**

BOOKS RECOMMENDED

<i>SR NO</i>	<i>TITLE</i>	<i>AUTHOR</i>
1.	LAST'S ANATOMY	<i>LAST</i>
2.	MOORE'S EMBRYOLOGY	<i>MOORE</i>
3.	ROBBINS PATHOLOGY	KUMAR
4.	TEXTBOOK OF MEDICINE	DAVIDSON
5.	TEXTBOOK OF SURGERY	LOVE & BELLY
6.	CAMPBELL'S OPERATIVE ORTHOPAEDICS VOL I - IV	S. TERRY CANALE
7.	ROCKWOOD & GREENS VOL I - III	ROCKWOOD, GREEN
8.	MERCERS ORTHOPAEDIC SURGERY	ANIL DHAL
9.	TEXT BOOK OF ORTHOPAEDICS	TUREK
10.	PAEDIATRIC ORTHOPAEDICS	TACHDJIAN
11.	FRACTURE & JOINT INJURIES	WATSON & JONES
12.	CLINICAL ORTHOPAEDIC EXAMINATION	S. PANDEY
13.	CLINICAL SURGERY	S.DAS

** This is just a guide. Students are required to refer to other standard books dedicated to particular systems. He is also required to refer to various relevant journals, monographs, recent advances published from time to time.